



Testimonials

Comments from Young People:

"Everything was great, I just need more independence now."

"Having a place until I found somewhere else to be was most helpful."

"I feel like I'm getting my life back on track. I don't know where I'd be right now without The Station."



Feedback

- We value your comments! Please tell your worker what you find helpful about The Station-Independent Living and if there are any changes you think we should make.
- Your participation is completely voluntary and your responses will be kept anonymous and confidential.

Our Mission

The John Howard Society of North Island is a charitable organization whose mission is to provide programs and support to help children, youth, adults, and families lead safer and healthier lives.

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The John Howard Society of North Island's programs are situated in the traditional territories of the Kwakwaka'wakw, Laich-kwil-tach, Nuuchahnulth, and Coast Salish peoples.

JohnHoward
The John Howard Society of North Island

JohnHoward

The Station – Youth Transitional Housing



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We Can Help You

- Finish school
- Find work
- Improve relationships
- Learn how to live independently:
 - ◆ Cooking
 - ◆ Shopping
 - ◆ Budgeting
 - ◆ Dealing with stress
 - ◆ Increasing safety
 - ◆ Improving self-confidence
 - ◆ Doing laundry
 - ◆ Handling medical issues
 - ◆ Getting ID
- Problem solve in a crisis
- Be part of the community
- Create a circle of support
- Find a place when you're ready to move out and support you until you are settled in
- Connect with other programs at John Howard and Foundry:
 - Employment
 - Primary care
 - Drop-in counselling



This program is funded by the Ministry of Children and Family Development.

What does the program look like?

The Station is a youth housing facility in Courtenay, owned and managed by The John Howard Society of North Island. The program provides furnished suites for young people ages 16–19 years old (with services sometimes extending beyond 19 in certain circumstances), an office for the program staff, large common meeting areas, commercial kitchen, dining area, shared laundry, as well as a caretaker on site. It's close to shopping, recreational centres, bus stops, and major services.



How do you apply to live there?

The first step is usually to speak with a social worker to see if you qualify for financial assistance. You can also call us to ask questions. The Station is a program, so we will explain how that's different from having your own place.



Our Philosophy

We work from a client-centered, strength-based, and relationship-building approach to assist young adults to be self-sufficient and live independently. We want to encourage clients to make healthy lifestyle choices through short and long-term support, advocacy, crisis intervention, life coaching, and referral to other community agencies.



The Station dining area

Program Outcomes

In 2024-2025:

- 9 youth participated in the program.
- The longest length of stay amongst youth completing the program was 366 days.
- Foundry Comox Valley provided wrap around supports and services to youth in the program.