

ANNUAL REPORT 2006

John Howard Society

NORTH ISLAND
Since 1967



Building Safer and Healthier Communities



Mission Statement

Our mission is to promote and foster safer and healthier communities by providing appropriate programs of rehabilitation, education, prevention and healing for those who need an opportunity to achieve, maintain or regain a balance within their communities.

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Who We Are

For more than 30 years, the John Howard Society has been serving the community justice and social services needs of northern Vancouver Island, British Columbia. The organization is named after the British prison reformer, John Howard (1726 – 1790).

In 1962 the John Howard Society of Canada was established. There are currently branches and offices in over 60 communities across Canada, provincial offices in all 10 provinces and the Northwest Territories, and a national office in Ottawa.

The John Howard Society of North Island was incorporated in 1983, after beginning in 1967 as a branch of the John Howard Society of Vancouver Island. A non-profit society with extensive experience in developing services for youth, adults, and families, we operate numerous programs from nine locations:

- Campbell River Community Programs
- Courtenay Community Programs
- Parksville Youth Justice
- Nanaimo Youth Justice
- Port Alberni Youth Justice
- Port Hardy Youth Justice
- Duncan Youth Justice
- Rockland Centre (Headstart and Oasis Programs), Campbell River
- Activity Centre, Campbell River

Mandate

The John Howard Society of North Island provides services to youth, children, adults, and families with diverse needs. Our locations include offices and residential programs, but our work also takes us into schools, homes, and other parts of communities.

We have a holistic approach, recognizing that safer, healthier communities are created through the combined and diverse efforts of citizens, organizations, and governments. We work cooperatively with a broad spectrum of community agencies and committees, while also maintaining involvement in provincial and national organizations that seek to address the social needs of Canadians.

Board of Directors

- Terry Moist, President
- Paul Love, Vice-President
- Patrick Field, Treasurer
- Brian Kelly
- Lois Liesch
- Myrna Murray
- Doug Wright
- Karen Turner
- Sy Pederson

Managers

Executive Director

- Paul Barnett

Assistant Executive Director

- Carol Harling-Bleeks

Program Managers

- Lori McKeown, Campbell River
- Carol Harling-Bleeks, Campbell River
- Deborah Joyce, Residential Programs
- Diane Collins, Courtenay
- Vicki Miller, Assistant Manager, Courtenay
- Wendy Richardson, Finance and Administration
- Tina Rader, Youth Forensic Psychiatric Services

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Year End Reports

President's Report

After close to thirty years it remains a pleasure to be part of the John Howard Society of North Island and a great honour to again serve as President of the Board of Directors. I take particular pleasure in welcoming two new Board members – Karen Turner and Sy Pederson – this year and look forward to the addition of one or two others at the Annual General Meeting.



The year has passed very quickly, which is, I suspect, at least partially due to the continued vitality of the Society. We have not become complacent but, rather, have continued to assess the needs of our ever-changing clientele and to tailor programs to meet their needs. I am excited about the many new programs, highlighted in the Executive Director's report, that our dedicated staff have initiated and remain proud of the strong programs which have endured and evolved over the years.

As always, I am in awe of the commitment, creativity and compassion of all of our staff and management. It goes without saying that without the many small things done to perfection by our front line workers that the Society would not enjoy the great reputation that it does. I am very pleased that our unionized employees were able to negotiate a long-term collective agreement that goes, at least some way, to financially recognizing their contribution to our Society and to society in general.

In closing, I want to thank our funding bodies for providing the money necessary for the Society to continue its essential work and our many staff and volunteers for a job well done. I encourage all to enjoy the summer and to re-new your effort and commitment for the coming year.

Respectfully submitted

A handwritten signature in blue ink, appearing to read 'T. Moist'.

Terry Moist

Executive Director's Report

It is with pride and gratitude that I present my 25th Executive Director's annual report. Over those years, I have been pleased and grateful to have worked with:



- Committed and wise volunteers who have served on the Board of Directors and its committees.
- Skilled, caring and devoted staff members who believe in the Society's mission and do their utmost to fulfill it.
- Our community partners, funders and other non-profit agencies throughout the province that share the same values and goals.

In this position, it is very easy to get caught up in the challenges, changes and difficulties that encircle the community social service sector in British Columbia and forget to focus on the thousands of persons whom the John Howard Society of North Island has helped over the years through its delivery of high quality services. It is a pleasure to read the client survey results in our quarterly Continuous Quality Improvement (CQI) reports that remind me of our 'raison d'être.'

We are coming close to the end of our current long-term strategic planning cycle. A review of our goals in the areas of community development and partnerships, service delivery, human resources, CQI and financial stability shows that JHSNI has made great progress. It also motivates us to become even more creative, flexible and innovative in the future.

This year has been a very eventful one with energizing developments including:

- The move of our residential attendance program, Oasis, from the Challenge Centre into the community to join Headstart using the family home model. The two programs have once again come together based at the former Rockland school in Campbell River.
- The inaugural cycle for Future Skills, our youth employment training program.
- The unique partnership with PLEA Community Services and the John Howard

Society of Victoria to duplicate PLEA's superb mentoring program, Kidstart, in Victoria and Campbell River.

- The agreement with the Vancouver Island Health Authority to expand our youth addictions programs to include family homes for detox and supportive recovery.
- The agreement with the Victoria Youth Custody Centre, MCFD community youth and JHSNI to establish and share transition homes.
- The ratification of a new four-year Collective Agreement that provides our staff with wage increases.
- The decision, through a staff-driven process, to purchase a new client information management system, CAMS, and the acquisition of Comvida, a human resource management tool.
- The appointment of two long-term and valued employees, Tina Rader and Lori McKeown, as permanent program managers.
- The continuation of the succession process. Both Lori McKeown and Vicki Miller are being supported by JHSNI in their studies in Royal Roads University's leadership program.
- Our first annual golf fund-raising tournament inspired by our residential program manager, Deborah Joyce.

JHSNI's creative, energetic and loyal employees remain our most valued asset. They are a diverse group doing many different tasks, but remain cohesive and committed. I would like to especially acknowledge the excellent work of staff who work in Port Hardy, Port Alberni, Parksville, Nanaimo, Duncan and in the schools in the Comox Valley who are largely isolated from our central locations.

The close collaboration with the administrators and staff of the Ministry of Children and Family Development, the Vancouver Island Health Authority, School Districts 71 and 72, Service Canada and Adult Forensic Services is ongoing. As a result, our employees continuously work with our funding partners on service delivery and joint planning.

Our relationship with the private sector has increased again this year. We thank the many businesses that have donated to our efforts. We also thank all those individuals who have contributed to our agency.

The Society recognizes, as a priority, its responsibilities as a member of the general social services community. It remains active in external organizations such as the United Community Services Co-op and the Provincial Association of Residential and Community Agencies (PARCA). We work closely with the other John Howard Societies in the province and with the John Howard Society of Canada.

The year ahead will be both stimulating and challenging. We have much to do in the area of program development. We need to address our accommodation issues in Campbell River. We will continue to gear up for the next accreditation cycle in 2008. Succession planning will be a major task. I am confident that it will be a year of much success.



Paul Barnett

Continuous Quality Improvement (CQI) Team 3rd Annual Report

April 2005 - March 2006

Pre-amble

The last CQI annual report highlighted the "road testing" of processes and flow of information. The primary focus this past year has been to review the agency's data collection system and assessing whether the data is relevant and applicable. In the upcoming year the CQI team will be recruiting new team members and also redesigning the staff satisfaction survey.

Team members

As highlighted in the last Annual report, the CQI team continues to undergo significant personnel changes. In the past year and after several years of dedicated hard work, Gerard Choquette and Colleen Ross stepped down from the team. They were replaced by Rachel Tupper and Mark Tazumi. Unfortunately, Rachel's husband has been transferred and she will have to leave in July this year. Mark Tazumi will also step down because of work commitments. Debbie Heyes, will be leaving at the end of the summer. The CQI team is attempting to recruit new members but busy caseloads and schedules present challenges.

Year End Reports

Case Record Reviews

The case record review process has continued to operate and evolve during the past year. Val Colquhoun led the Campbell River team with assistance from Debbie Grant while Natalie Meredith led the Courtenay team with assistance from Debbie Heyes and Richard Williams. The CRR team spent considerable time over the past year reviewing their data and ensuring that the information collected is consistent and relevant. The CRR team continues to address potential issues and remains focused on developing solutions. The individuals conducting the CRR's have indicated that there has been a significant improvement in meeting the standards set for client files.

Staff Satisfaction Survey

The agency's 3rd staff satisfaction survey was sent out in June, 2005. The response rate was lower compared to other years, which may have been due to the Healthy Organization Project staff survey being sent out only a few months earlier. Both surveys contained some similarities. A second factor may have been due to the timing of distribution which was early summer and just before many staff took their annual vacation leaves. The CQI team will be redesigning the staff survey to ask questions that will provide more meaningful data for implementing improvements. The CQI team has decided that the survey will be sent out in the Fall, as most staff members will have returned from holidays and the school staff will be back as well.

Outcomes Measurement

It was decided that results obtained from the HOMES reporting were no longer meeting the outcomes measurement objectives. To address this issue, a team was assembled to search for a new data collection system. CAMS will be implemented this year.

Long Term

Last year the CQI team identified the long term goal of beginning a process that would lead to program and service reviews. The turnover in the CQI team may extend the timeline for achieving this goal. However, the CQI team has endorsed Lori McKeown's research thesis on Program Evaluation. Our hope is that this research will yield material that will assist the team in developing a formal process which the agency can apply to program and service reviews. The

team has also begun the process of defining the roles and responsibilities of the different CQI team members.

Communication

The CQI team continues to explore ways to increase communication and has met both individually and collectively with staff from Courtenay and Campbell River to ensure that our processes and data are meaningful and relevant. Wendy Richardson attended a CQI meeting in November and gave a very helpful presentation to the team on the history and purpose of CQI. Representatives from the CQI team continue to meet with the Strategic Planning committee as well as attend Board and Staff meetings. In addition, Carol Harling-Bleeks has been designated Quality Assurance Manager which means the CQI team can connect with a designated individual at management level. The CRR reviews and Quarterly reports are also accessible to staff members.

Other Initiatives

The CQI team felt they needed a better understanding of some of the categories that are reported in the Quarterly Report. Representatives from the team met with Wendy and Carol to gain clarification and to ensure that all reports within those categories are being sent to CQI. We would like to thank the Board of Directors and Management for their suggestions and input as well as their willingness to receive recommendations and requests from the CQI team.

Agency Committees

Staff, managers and board members participate in committees of the Society. These Include:

- Continuous Quality Improvement
- Occupational Health & Safety
 - Critical Incident Team
- Training
- Labour Management
- File Review
- Management Committee
- Executive Committee
- Program Screening and Advisory Committees
- Strategic Planning (Task Force Committee)
- Service Delivery Committee

New Board Members

Karen Turner

Board Member

Karen has been serving on the board of the John Howard Society of North Island since December 2005. She is also a member of the Strategic Planning Committee.

Karen felt drawn to serve on the JHSNI board because she believes in the work that the Society does. She endorses its mandate to help restore the lives of individuals who are troubled, while supporting them through their process of rehabilitation and healing.

“The board role gives me an opportunity to participate in leadership, which I enjoy. As well, giving as a volunteer is something I am drawn to do and have done for many years. It’s a great human experience working with people who care about people.”

In Karen’s view the Society’s ongoing challenge is to continue to provide high quality programs with decreasing funding.

“In order to do this well we need to be able to ‘keep’ and attract qualified employees. This requires a reasonable amount of compensation, as well as other resources that support their work.”

Karen has a background in hospitals and long term care facilities serving in middle and senior management positions, and in education and coordination of CQI (Continuous Quality Improvement) and organizational development. While living in Ontario, she also volunteered in a social service agency as a crisis counsellor.

“When I moved with my family to the Comox Valley 10 years ago, I continued with my education and work in the area of crisis counselling before shifting back into leadership as an executive director of two social services agencies.”

In December of 2004 Karen returned to school full time to complete a degree in Psychology. She continues to volunteer and do contract work as a counsellor and trainer for the Comox Valley Hospice Society.

Karen’s interests include life and living - each day is a precious gift, being a mom to her two sons,

time with close friends and family, learning, hiking, oil painting, and gardening.

Sy Pederson

Board Member

Sy’s interest in social justice issues drew him to serve on the board of the John Howard Society of North Island. He joined the board in December 2005.

Sy said he finds it rewarding to work with like minded people on social issues. One of the challenges the board currently faces is trying to help a community that has fewer resources to deal with increasing unemployment and social problems.

After working as a faller for 22 years, Sy spent 18 years as full time local union president of the IWA. Reflecting on that time, Sy said he is proud to “have had the honour of representing working people.”

Now working as a film actor, Sy is currently in Victoria playing the role of Brother Timothy in ‘The Mermaid Chair’, based on the bestselling novel by Sue Monk Kidd.

Sy has lived in Black Creek for 60 years. During his time off, he plays baseball in a 35+ league. Highlights have included games in Phoenix and Cuba. Sy also enjoys spending time with his grandchildren.



Sy Pederson as Brother Timothy in “The Mermaid Chair”

New Employees

Colleen Young

Youth and Family Support Worker, Sandwich Alternate School, Courtenay

After graduating from University College of Cape Breton with a Bachelor of Arts in Community Studies, Colleen moved to Alberta to pursue her career in the human services field. During her five years in Alberta, Colleen worked as a childcare counselor, addiction counselor and as a family support worker. Since moving to the Comox Valley Colleen has continued her career in the human service field. After working a brief period at Wachiay Friendship Center, Colleen joined the JHSNI team. Her position at Sandwich School consists of check-ins with students, connecting with families and co facilitating drug and alcohol groups. She has added a food program that involves educating students on daily life skills such as budgeting, shopping and cooking. In addition, she conducts the drug and alcohol suspension program at Sandwich. Colleen not only enjoys the challenges of her new job but also enjoys the ability to work with a great team of people. Because Colleen is a military spouse and may be here for a short time, she looks forward to exploring the valley during her two months off this summer.

Paul Wiesgerber

Youth Forensic Psychiatric Services

Paul is the newest member of the Youth Forensic Psychiatric Services Team. He comes to us via Montreal where he did his Master's in Social Work at McGill. Paul was fortunate enough to experience the Montreal Jewish General Hospital for his internship. He learned many valuable skills under the tutelage of some gifted social workers there. Prior to working on his Masters degree Paul lived and worked in his home province of Saskatchewan. He has a background in youth probation and social work with kids and youth at risk for criminal behaviors. He also boasts a strong grounding in family therapy. Paul is a terrific asset to the YFPS team and to The John Howard Society as a whole. We welcome him and look forward to a long relationship with this vibrant young man.

Jetty Niet

Youth and Family Support Worker, Cumberland Junior School, Cumberland

Jetty is delighted to be a new employee of the John Howard Society. She was born in the Netherlands and later completed her Bachelors Degree in Child Psychology / Child and Youth Care. During an intern year she worked in a Psychiatric Children's unit of a University Hospital and in different group homes for children. She married while in University and her daughter was born during her final year. Two years later her son was born. As she and her family moved from place to place Jetty had to find new career opportunities. She reports that this was challenging at times but also enriching. After she and her family moved to Canada she has worked as a pre-school teacher, supervisor of a daycare center, play therapist, coordinator and consultant for an Infant Development Program, family counselor and mental health/alcohol and drug counselor. Her family's second last move was to North Vancouver Island where she worked and lived within the First Nation communities. Jetty is always looking for opportunities to learn more. She has taken different courses at U.B.C and UVIC. She has always been involved in volunteer work and currently is a volunteer with Comox Valley R.C.M.P Victim Services. When the rain stops she spends time sailing a 27 foot yacht with her husband and has traveled many parts of the BC Coast all the way to Hope Island and Knights Inlet and south to Victoria. These travels are an inspiration for her artistic talents and many paintings and other kinds of art pieces decorate their home. Jetty reports that the last few years have also been enriched by three beautiful little granddaughters.



Colleen Young, Paul Wiesgerber and Jetty Niet

Youth Alcohol and Drug Outreach

The Youth Alcohol and Drug Outreach program provides service to youth at risk who are “out and about” in the community. Miranda Blomquist started in this position in October, 2005 after it had been vacant for some time. Miranda moved from her position in our Oasis Girls Program and has worked hard at making successful partnerships in this community.

The purpose of this position is to be a first point of contact to youth who have become disenfranchised from school, their parents, and society. Service delivered is short term and includes an “after hours” component on Friday and Saturday nights.

Miranda connects with youth by building relationships and referring them and/or their family to appropriate community resources. Common referrals include A & D Treatment Counsellors, Opportunities Career Services, MCFD, Mental Health and Options for Sexual Health. She also provides education and information on alcohol and drug use and sexual exploitation. In addition to doing traditional street outreach, Miranda provides support for other front line youth organizations such as Courtenay Recreation, Youth Connections, the Military Family Resource Centre and the Wachiay Friendship Centre. She is co-facilitating a weekly drug and alcohol information group at Sandwick Alternate School and delivers information sessions in the community.

Miranda is excited about this service and brings lots of energy and enthusiasm that youth appreciate. She sees the benefits and importance of working within an outreach model.

Restorative Justice

The John Howard Society of North Island entered into partnership with the Campbell River RCMP detachment over a year ago to establish a joint advisory committee who quickly became trained in the principles of Restorative Justice. The committee includes Terry Moist, Carol Harling-Bleeks, Cst. Rocky Price, Pat Bavis, Cheryl Kwaksistala and Derek Steinhäusser who began presenting the concept to community groups and raise money for the expenses associated with running forums. We now have two certified

facilitators, three others who are close to certification as well as many more citizens and RCMP members who recently attended a three day training event. Restorative Justice is an approach rather than a particular program. It is based on the belief that crime is a violation of relationships between people. The violation results in harm to the victims, the offenders and the community and all those affected by crime have unique roles in addressing the harm. A successful restorative justice forum utilizes a consensus approach in the application of justice.

Future Skills

Future Skills is a 20-week pre-employment program for six youth. The program started Feb 6, 2006 and runs to June 23, 2006. Future Skills is funded by Human Resources and Skills Development Canada, Skill Links and in partnership with the Ministry of Children and Family Development. Future skills purpose is to assist youth in acquiring the experience, skills and information they need to prepare themselves for employment. A key part of the program supports youth in developing and implementing projects they feel the community will benefit from. Youth also receive support to enhance personal and interpersonal skills, develop social and employability skills while providing a valuable service to the community. Tara Jordan and Ryan Derry are the vocational counsellors hired to facilitate this new program. They have brought a wealth of experience, energy and enthusiasm engaging the youth in active learning and participation.



Future Skills 2006

Youth and Family Programs

Assessment and Treatment

Youth Forensic Services

Psychological assessment and treatment for court-ordered youth and their families. Coordination of community treatment-release plans for young offenders.

Location: Campbell River, Courtenay

- 17 youth admitted for treatment
- 15 youth admitted for assessment
- 33 youth in treatment

Program for Children with Sexual Behaviour Problems

Specialized treatment services to referred children who display sexual behaviour that are raising concern within the family, the school, and their communities.

Location: Campbell River

- 5 clients served

Counselling and Support

Caregiver Support Program

Provides support to foster parents referred by the Ministry of Children and Family Development.

Location: Campbell River, Courtenay

- 54 foster families supported
- 44 brief service interventions

Youth Criminal Justice Act Family Support

Assists high-risk youth referred by probation officers and/or social workers to make healthier lifestyle choices through: short or long term individual/family support, assessment and referral to other community agencies, advocacy, crisis intervention, case planning, and management.

Location: Campbell River, Courtenay

- 36 clients served

Youth & Family Support Program

In cooperation with a school-based team, support is provided for youth and their families experiencing emotional, behavioural, medical/physical issues, or who are at risk of not succeeding in school. Also provided is alcohol and drug assessment,

education, intervention and/or referral for students suspended from school for use of a substance.

Location: Courtenay

- 55 Alcohol and Drug suspensions
- 90 clients requiring ongoing service
- 64 group participants (topics include separation & divorce, boy's issues, A&D education, young parents, girl's issues and life skills)
- 556 individual brief interventions for 249 students

Youth/Parent Mediation

Provides crisis intervention, mediation, and conflict resolution to teens and their families, as well as parent education courses. Parenting groups were offered in spring and fall 2005.

Location: Campbell River

- 96 clients served

Youth Alcohol and Drug Treatment

Alcohol and Drug treatment services for youth; offering assessment, individual, group and family counselling, and follow-up support.

Location: Campbell River, Courtenay

- 81 clients served
- 48 brief service

Youth Withdrawal Management

Provides service to youth who are in the process of withdrawal from drugs and alcohol. When a youth has been identified as needing assistance, a safe, community based, and individualized withdrawal treatment plan is jointly determined by the youth, his/her caregivers, and the Withdrawal Management coordinator. Ongoing support is provided to youth, families, and other agencies. Service area includes Fanny Bay to Port Hardy.

Location: Campbell River

- 19 clients served

Youth Alcohol and Drug Outreach Support

Provides an outreach service (including after-hours) for disenfranchised youth and/or their families requiring assistance with high risk behaviour, ie. alcohol &/or drug use, high-risk street activities, disconnection from school and family members. Objectives are improved

family interaction, referral to local resources, reconnection to school and harm reduction.

Location: Courtenay

- 75 youth received service
- 175 contacts made providing outreach services and information

Development and Outreach

School Based Alcohol and Drug Prevention

Provides alcohol and drug prevention/intervention services to students of Vanier Senior Secondary School, School District #71, as well as the community.

Location: Courtenay

- 21 Alcohol & Drug Suspensions
- 4 Intervention clients
- 6 Presentations to 167 students
- Alcohol and Drug Group
- Presentations to North Island College & teachers of Vanier High

Community School Program

Provides coordination and support for neighbourhood development projects initiated by five elementary schools and one middle school. The programs are intended to improve literacy and learning, encourage healthy lifestyle options, increase social skills and create cultural awareness and respect.

Location: Campbell River

Intervention

Interagency High Risk Children and Youth Program

Provides stability for families whose children and/or youth are identified as “high profile” through intensive intervention strategies and interagency coordination.

Location: Courtenay

- 15 youth and families served

Youth Community Service Order

Provides supervision of youth sentenced by the courts and/or referred through the Youth Extrajudicial Sanctions program to perform community hours. Restorative justice principles

are demonstrated through community involvement and reparation

Location: Campbell River, Courtenay

- 54 clients served
- 992 hours of community service completed

Supervision

Intensive Support and Supervision

Provides support and supervision to assist high risk youth, referred by probation in developing healthy functioning in education, work, family and community settings.

Location: Campbell River, Courtenay, Parksville, Nanaimo, Port Alberni, Duncan, Port Hardy

- 121 clients served
- 130 brief interventions for probation clients

Vocational

Employment / Independent Living

Assists youth to explore options when they are living away from home. Provides advocacy, support, life skills, education, employment readiness, and counselling to youth living independently.

Location: Campbell River

- 117 clients served

Youth Residential

Rockland Centre

The residential attendance programs moved into the Rockland Centre on March 15th. The facility is ideal for our purposes because we are offering two distinct programs, one for boys and one for girls, in the same location. At Rockland, the staff is available to the needs of both the girls and the boys without having to travel to a different location. The site is a closed elementary school, with fields and a treed setting that provides lots of space on different sides of the building for separate programming. We have a fabulous team of individuals providing the best possible care for our youth and the space offers opportunities for working creatively with the youth.

The Headstart boys program has been running as a community based family model residential

Youth and Family Programs

program since September 2004. In January 2006, the OASIS girls program followed suit.

Headstart Boys Program

The Headstart program is designed for male youth 14—18 who are currently on probation. The program is a community based family model and youth reside in John Howard family homes. Headstart is a 6 month program. The first four months consist of a comprehensive individualized day program and the last two months are used to prepare for community reintegration. The focus is on such activities as work experience, paid work, skill development, job search, as well as independent living skills. The boys have the benefit of working with highly skilled professional staff to address addiction issues, behaviour management and mental health issues, and personal health & safety. Staff are committed to providing as many creative learning opportunities as possible.

Location: Campbell River

- 14 clients served

Oasis Girls Program

The OASIS program is a comprehensive residential attendance program that has a focus on individualized personal development programming. It addresses the needs of female youth 14—18 who are on probation. The girls reside in John Howard Society family homes where they enjoy a nurturing & supportive family environment. Our homes receive 24/7 support from our staff. The Oasis staff take a creative approach to working with each individual youth. Exit planning begins on day one and the team and the youth focus on setting achievable goals that will prepare the young person to re-enter her community. The length of stay at OASIS is 6 months. The first four months consist of attending day program and participating in a variety of learning activities and personal development components. The last two months of the program are completely individualized to meet the needs of each youth. This time is reserved for such preparation activities as work experience community college/skill development programs, attending support groups, and other specific activities for re-integration.

Location: Challenge Centre

- 15 clients served

Youth Justice Community Beds

The Community Beds program provides residential services to youth who are attending treatment programs and one to one counselling with the Youth Forensic Outpatient Clinic. The beds are reserved for youth with sexual offences who have been accepted for treatment. The youth live in John Howard family homes and attend local schools and participate in community activities. A Family Resource Worker provides support to the families and monitors the quality of the home environment. The FRW also works with the Youth Forensic team to support the therapeutic goals of the treatment program. We have three beds available for our youth with sexual offences, two in Courtenay and one in the Nanaimo area.

- 3 clients served

We also provide residential services to clients by request of the Ministry. We are currently providing a John Howard Society Home to a youth under the Safe Care funding.

Campbell River Bail Bed

This bed is administered by JHSNI and supervised by the local probation officers. We recruited the family home that provides this service and we are available on a limited basis to provide support in crisis. Youth who are referred to the bed can reside in the home for approximately three months with flexibility for individual circumstances. The bed is reserved for youth who need a stable residence while on bail awaiting trial.

Transition Beds

John Howard Society of North Island has entered into a partnership with the Victoria Youth Custody Centre to develop a transition bed in Nanaimo and one in Port Alberni. These beds are for youth who are being released from VYCC and are in need of residential services or for youth leaving the John Howard residential attendance programs who are without a stable residence. We are currently recruiting in Nanaimo and Port Alberni.

Adult Programs

Women's Support Services

Offers therapeutic support to women who are or have been experiencing abusive relationships.

Location: Campbell River

- 12 women served

Adult Forensic Program

Treatment for provincially sentenced adult sex-offenders who attend by probation order or as a condition of parole. Counselling and support for mentally disordered offenders and those found not criminally responsible.

Location: Campbell River, Courtenay

- 12 assessments completed
- 10 men attended sex offender treatment
- Outreach services to 10 adults with mental disorders

Other Services

Intake

Information, referral service, and immediate counselling is available to ex-offenders and families who approach the Society.

Location: Campbell River, Courtenay

Other Programs and Projects

Additional funding from various grants and community donations allows JHSNI to deliver innovative programs and projects. Staff hours are provided either through core program funding or additional grants.

- Youth Community Kitchen, sponsored by Thrifty Foods
- A food safe course
- Bike Project – sponsored by Weyerhaeuser
- Community Workshops, organized by CADAC which is sponsored by the National Crime Prevention Centre
- Presentations for schools and parent groups
- Supported Independent Living for Youth, funded by the Queen Alexandra Foundation – Strategic Investment Initiatives Fund
- Restorative Justice
- School Reconnect Program with School District #71

- Youth for Seniors – sponsored by many local businesses
- Youth Coffee Houses – sponsored by the Campbell River Foundation
- Fall Youth Forum to identify gaps in youth services for Courtenay
- Community Training on Advocacy for Youth
- Training Resource Calendar online for Courtenay Community Agencies
- Community Forum on Chrystalmeth with Courtenay Community Drug Strategy Committee

Supports

- Through fundraising dollars JHSNI provides bus tickets for local transportation to attend appointments as well as travel subsidies to attend treatment or detox.
- Swim and skate tickets are made available for clients to participate in these healthy activities.
- A youth enhancement fund has been raised to provide for emergency needs.
- In partnership with The Association of Community Living, youth were paid to work on carpentry and painting projects.
- Several local businesses donated money to cover the cost of the wages so that youth could provide yard work to seniors. JHSNI staff support and supervise youth when engaged in these first employment opportunities.
- JHSNI was a key partner with the Salvation Army to support the development of a Youth Shelter. Our experienced staff provided youth specific training for the shelter staff as well as ongoing support to work through challenges of housing youth in an adult shelter. Having emergency shelter beds for youth in the community was very valuable however the funding for this program ended March 31, 2006.



Fund raising - plant sale

Community Service

Community Work Service Placements

Youth who complete community work service often provide assistance to victims of crime and senior citizens. They also work in placements generously provided by the agencies listed below, an opportunity to give something back to the community.

Courtenay Area

Courtenay Food Bank
Habitat for Humanity – Restore
Youth Ecological Restoration Project
Youth Connections
Cumberland Museum
Kin Beach Provincial Park
Lush Valley
Therapeutic riding
Coast Realty Christmas Hampers
Seniors yard work

Campbell River Area

Youth Community Kitchen
Fraternal Order of Eagles # 3097
Campbell River Alcohol and Drug Action Committee
Ann Elmore Transition House
Community Frisbee Golf Course (Sportplex)
Salvation Army
CR Multicultural and Immigrant Society
Laichwiltach Family Life Society
AIDS Vancouver Island
Mountainair Avian Rescue Society
Quadra Island Recreation Society
Quadra Island Trails Society
Campbell River Food Bank
JHSNI bike repair program
Adopt a Highway
Campbell River senior citizens
Cape Mudge Band Office

Adopt a Highway

In June of 2005, John Howard Society of North Island entered into the Adopt a Highway program with the Ministry of Transportation. The British Columbia Adopt a Highway program is a roadside maintenance and enhancement program designed to encourage local stewardship of public highway. It offers organizations opportunities to contribute to their community and province. Sharon Geoghegan, Community Work Service Supervisor promoted this program in Campbell River and began to work with the youth performing community work service, cleaning up and improving the look of a parcel of land. Soon youth from other programs in Campbell River and the Headstart boys program took advantage of the opportunity to gain work experience.

Safety is a key component of the program. Youth are shown a video about working safely in the community, utilizing high visibility vests, volunteer working signs and flags so motorists are aware there are people out working. The youth are taught about proper clothing, personal care, such as drinking enough water, using sunscreen etc. This provides the youth the opportunity to give back to the community and see the results of their efforts.



Highway 19 bordered by Willow and Tamarac Streets

Community Connections

The Society works cooperatively with numerous agencies and organizations to assist clients and promote community development. They include:

- Ministry of Children and Family Development (Probation and Social Workers, Child Protection, Resource team, Youth Mental Health team)
- Vancouver Island Health Authority
- Transition Societies
- Chamber of Commerce
- Crossroads Crisis Centre
- Campbell River Family Services
- North Island Employment Foundations Society
- Comox Valley Opportunities Employment Program
- RCMP
- Service Clubs
- St. Joseph's Hospital (Adolescent Day Therapy, Substance Abuse Intervention Nurses)
- Campbell River Hospital
- VIHA Mental Health and Addiction Services
- Comox Valley Family Services
- Women's Resource Centres
- School Districts 71 and 72
- North Island College (Human Resource Worker program)
- Community Justice Centre of Comox Valley
- Comox Valley Nursing Centre
- Crown Counsel Office
- Adult Corrections
- First Nations Bands
- Laichwiltach Family Life Society
- Wachiay Friendship Centre
- Campbell River Association for Community Living
- Municipalities of Campbell River, Comox, Courtenay, Cumberland, and Sayward
- Comox Valley Youth Resource Society/Connections
- Strathcona Park Lodge
- Delta Resources
- Campbell River Assessment and Resource Service Society
- Salvation Army
- Courtenay recreation Association
- Comox Valley Military Support
- Boys and Girls Club

Committee Involvement

Society managers and staff are involved in numerous committees and community initiatives, helping to design and support resources that will enhance services and create better places to live. They include:

- North Island AIDS Coalition
- FAS/E Community Action Committee
- Campbell River Relationship and Sexual Violence Response Committee
- Comox Valley Community Justice Centre
- Comox Valley Community Organization for Drug Education Services (CODES)
- Adolescent Resource Lineworkers Network
- Campbell River Interagency Committee
- Multicultural Youth Leadership Committee
- Comox Valley Family Court and Youth Justice Committee
- Community Integrated Case Management Steering Committee
- Community Alcohol and Drug Action Committee
- Youth for Diversity Project
- Vancouver Island Community Services Co-op
- Joint Education Committee
- Behavioural Consultant to Caregivers Advisory Committee
- Campbell River Sexual Exploitation Action Team (SEAT)
- Upper Island Area Managers (Alcohol & Drug) Meeting
- Island FAS Working Group
- Campbell River and Area Critical Incident Stress Management Society
- Restorative Justice
- C.R. Food Security Committee
- Agencies for Suicide Awareness and Prevention
- Youth Justice Intervention Programs
- Phoenix Community Links
- Courtenay Planning Committee for Pulse (an annual youth festival)
- Comox Valley A & D Strategic Planning Committee
- Comox Valley Community Non-Profit Administrators Network
- Youth Early Intervention & Transition Committee for Courtenay/Campbell River Mental Health
- Comox Valley Justice Liaison Network with RCMP

Donations and Grants

Community Donations

Canadian Tire Jumpstart is a community based charitable program from the Canadian Tire Foundation for Families to help kids in need participate in organized sports and recreational activities. Funding is provided to pay for registration fees for individual clients.

Sunnydale Golf Course has supported Courtenay community programs by offering the driving range at no cost for equipment rental (buckets of balls and clubs). This activity has proven successful for a number of youth as a stress releaser as well as being a motivating activity. Regular golfers take notice of our young people and often encourage them.

Codes Country Lanes enables the Courtenay community programs to participate in activities with clients at a reduced rate.

A donation was made by a citizen of \$100.00 to support A & D treatment and outreach programs. A bi-annual donation of \$50.00 was made by a family in memory of their son.

The Courtenay Recreation Association provides our youth with free passes or generous discounts to recreation activities. These offerings are given out by program staff to youth who are unable to afford these activities. The Comox Valley Sports Centre provides swim and skate discount booklets in the same way.

Thrifty Foods continues to provide monthly food vouchers for the community kitchen. Youth meet weekly to prepare a variety of healthy foods and enjoy a meal together while talking about life issues. Vouchers have also been used for emergency food for youth. This year's funding provided 42 community kitchen dates where 337 meals were prepared and served to youth. 4 seasonal craft/baking groups were held. There were 34 one to one meal preparations as well as 19 youth received emergency groceries.

Additional funding for Community School programs have come from Literacy BC, Laichwiltach Family Life Society, Altrusa, Centennial Park Preservation and Enhancement Society, Save-On-Foods, Thrifty Foods, Quality Foods, Super Store, Tim Hortons, McDonalds and A & W.

Various individuals have donated many used bikes and parts for our bike project.

Thank you to community individuals who have made donations of household items and cash to support many programs at JHSNI.

Grants

A Campbell River Community Foundation grant allowed JHSNI to assist a group of youth in organizing and offering 3 youth coffee houses. These coffee houses provided a safe and drug free activity in which youth could participate in an open mike/karaoke style evening to express their talents. The funding allowed for a paid coordinator while volunteers provided supervision. Snacks and coffee were donated by Quality Foods and JHSNI gaming funds assisted with other costs. With the youth's enthusiasm, the Coffee Houses continued every couple of months.

Weyerhaeuser Jobs for Youth provided funding for two youth to work two days per week over the summer. These two youth collected donations of bikes from community members, repaired the bikes and donated them to children and families in need.

CADAC (Community Alcohol and Drug Action Committee) is a group of agencies and concerned citizens focused on reducing the impact of Alcohol and Drug issues in the community. JHSNI is the sponsoring agency for National Crime Prevention funding. The coordinator, Denise Krivokuca, has organized various community and school activities and has held more than ten workshops over the year in Campbell River. The topics have varied from marijuana debates with local grade 10 students to numerous drug and alcohol education/awareness sessions with adults. Street Spirits, a youth theatre group from Prince George, provided 4 interactive productions with the goal of raising awareness and to generate solutions to teen issues. The largest and most successful community workshop was Crystal Meth – Protecting our Community with over 200 hundred community members attending the two sessions. One session included an Action Planning component in which many ideas were generated.

Apartments for Youth: Funding from the Queen Alexandra Foundation Strategic Investment Initiatives Fund was secured to implement a supported independent living and youth housing project. JHSNI has connected with youth-friendly landlords and sub-leased their units to youth. These youth complete a Supported Independent Living Agreement, set goals and develop necessary life skills with support of the Independent Living Worker. To date 8 youth have experienced success in this housing option. Thank you to our partners - the landlords, the Ministry of Children and Family Development, and the Ministry of Human Resources in making this program a success.

A Queen Alexandra Foundation grant provides funding for a half-time position for the Youth Alcohol & Drug Outreach program for two years ending December 31, 2006. The grant assists in the provision of an outreach service that includes an after-hours component for disenfranchised youth who are involved in high risk behaviors that may include alcohol &/or drug use, high risk street activities, disconnection from school and family members. The objectives are improved family interaction, referral to local resources, school reconnection and harm reduction.

Funding Sources

- Ministry of Children and Family Development
- Forensic Psychiatric Services Commission
- Vancouver Island Health Authority
- School District # 71
- National Crime Prevention
- Donations and grants - private and corporate
- Campbell River Gaming Association
- Fundraising events

JHSNI Annual Golf Tournament

This year we will host our second annual golf tournament at Sunnydale Golf Course in Courtenay on August 19, 2006. Last year was a huge success. We exceeded our goal of \$5000.00 by \$1500.00 which put \$6500.00 in our youth enhancement fund. In our 2006 tournament we have raised our goal to \$7500 and we really have a good feeling that we will reach it. Many of our sponsors and players from last year are on board again. Our event partner, Amy Ross who is a Campbell River realtor, has agreed to partner with us again this year. The early bird cost to play is \$225.00 for a team of four before June 30th and \$275.00 after that. The cost includes 18 holes of golf, a steak or chicken dinner, and several JHSNI player gifts. The format is "texas scramble" or best ball as it is referred to by some. Everyone can plan and have a good time because skill is not a requirement.

Last year's champions were the Coastal Community Credit Union Team. They took home the coveted Howie Trophy and they will be back this year to defend their title.

This is a special event for the John Howard Society staff not only to get together and have fun, but also because it provides the funds for food, accommodation, clothes, transportation, dental emergency and other unforeseen expenses that are not covered by other sources.

If you haven't already signed up to be part of this wonderful event, we are waiting to hear from you.



Golf Tournament, planning committee

Staff Members

Our Staff Resource

The Society's greatest resource is a talented team of professionals who focus on client service. This past year the active staff list included:

| | | |
|----------------------|------------------------|----------------------|
| Maureen Anderton | Sarah Hiller | Terry Papiernik |
| David Ayers | Tanya Hughes | Rhiannon Pendergast |
| Sarah Badgero | Megan Irvine | Leona Petersen |
| Paul Barnett | Nicole Janveaux | Brenda Pollard |
| Suzanne Bennett | Tara Jordan | Angie Prescott |
| Nadean Blais | Deborah Joyce | Tina Rader |
| Miranda Blomquist | Peter Kinskofer | Lorraine Redpath |
| Brenda Bolton | Harvey Kirsch | Wendy Richardson |
| Paul Bozenich | Rosita Kitto | Terry Robinson |
| Cynthia Carlyle | Heather Klindt | Colleen Ross |
| Gérard Choquette | Denise Krivokuca | Mark Ross |
| Edward Clarke | Brian Lapadat | Mary Ross |
| Diane Collins | Guy Larkin | Melissa Schwartz |
| Valerie Colquhoun | John Leevers | Jen Shapka |
| Diane Copp | Ronda MacKenzie-Cooper | Wedlidi Speck |
| Cassandra Corbett | Patti Manchurek | Uwe Steinmann |
| Heather Cowper | Paul Mason | Mark Tazumi |
| Ryan Derry | Penny Mathews | Sentina Tenerelli |
| Christine Edmunds | Kathy McCabe | Michel Therrien |
| Helen Farrell | Vicki McCoy | Wendy Thurlborn |
| Andrew Frew | Lori McKeown | Hazel Trego |
| Ellen Fyfe | Alisha McLain | Rachel Tupper |
| Samantha Garstang | Sandy McPherson | Patricia Vanoosteram |
| Sharon Geoghegan | Natalie Meredith | Maureen Vancoughnett |
| Debbie Grant | Vicki Miller | Patty Waters |
| Gerhard Gross | Nicole Mireault | Godfrey Wearne |
| Claire Gusman | Wendy Morin | Paul Weisgerber |
| Allison Gustavson | Russell Mowatt | Nicole Wilson |
| Kerry Hammell | Caroline Neill | Richard Williams |
| Carol Harling-Bleeks | Lindsay Neufeld | Andrea Worden |
| Enid Havelaar | Cheryl Newton | Rebecca Wykes |
| Debbie Heyes | Jetty Niet-Jongh | Colleen Young |

Practicums

The Independent Living Program in Campbell River hosted a practicum student from the University of Victoria Child and Youth Care Program. The School Based Alcohol and Drug Program in Courtenay hosted two students: one from the Child and Youth Care Program at Malaspina whose focus was to enhance his A & D assessment skills, the other was a student in the Nursing Program at North Island College

whose focus was on health promotion within the community. Residential Programs hosted one student who worked with Angie Prescott, the residential clinical counsellor. This student will be moving into her fourth year at UVIC to complete her Child and Youth Care degree.

JHSNI greatly appreciates the contribution practicum students make to our services.

Statement of Financial Position

March 31, 2006

| Assets | 2006 | 2005 |
|----------------------------------|--------------|--------------|
| Current Assets | | |
| Cash | 943,868 | 741,245 |
| Cash – restricted | 152,883 | 18,795 |
| Accounts receivable | 83,320 | 29,738 |
| Prepaid expenses | 18,230 | 13,635 |
| | \$ 1,198,301 | \$ 803,413 |
| Investments | 2,900 | 2,900 |
| Property and Equipment | 330,775 | 376,519 |
| | \$ 1,531,976 | \$ 1,182,832 |
| Liabilities | | |
| Current Liabilities | | |
| Accounts payable | 13,432 | 17,250 |
| Wages and benefits payable | 217,008 | 232,864 |
| Deferred revenue | 47,443 | 30,593 |
| | \$ 277,883 | \$ 280,707 |
| Net Assets | | |
| Equity In Property And Equipment | 330,775 | 376,519 |
| Externally Restricted | 152,093 | 19,225 |
| Internally Restricted | 1,738 | 1,738 |
| Unrestricted | 769,487 | 504,643 |
| | \$ 1,254,093 | \$ 902,125 |
| Commitments | \$ 1,531,976 | \$ 1,182,832 |

Statement of Operations

Year Ended March 31, 2006

| Revenue | 2006 | 2005 |
|---|--------------|--------------|
| Gaming proceeds | 25,122 | 27,542 |
| Donations and fundraising | 35,266 | 59,380 |
| Miscellaneous | 32,894 | 13,804 |
| ADAPT Society | 33,950 | 58,200 |
| Compensation increase | — | 16,302 |
| Ministry of Children and Family Development | 2,792,995 | 2,698,939 |
| School Districts | 423,377 | 371,306 |
| Ministry of Health | 101,044 | 419,777 |
| Vancouver Island Health Authority | 536,367 | — |
| Ministry of Human Resources | 33,730 | 3,360 |
| | \$ 4,014,745 | \$ 3,668,610 |
| Expenditure | | |
| Advertising | 8,064 | 7,707 |
| Amortization | 73,024 | 75,091 |
| Community relations | 5,461 | 3,589 |
| Contract fees | 184,777 | 183,011 |
| Family payments | 279,422 | 158,784 |
| Food | 33,147 | 32,525 |
| Insurance | 19,225 | 15,415 |
| Interest and bank charges | 2,605 | 2,499 |
| Maintenance and repairs | 58,926 | 76,469 |
| Office supplies | 38,155 | 32,864 |
| Professional fees | 10,499 | 17,375 |
| Rent | 142,323 | 139,116 |
| Supplies and program materials | 33,893 | 40,086 |
| Telephone | 43,380 | 44,991 |
| Training and development | 12,111 | 5,414 |
| Travel and accommodation | 105,306 | 93,463 |
| Utilities | 17,910 | 24,619 |
| Unrecoverable grant | — | 5,418 |
| Unrecoverable Goods and Services Tax | 12,576 | 13,586 |
| Wages and employee benefits | 2,581,973 | 2,706,493 |
| | \$ 3,662,777 | \$ 3,678,515 |
| Excess (Deficiency) Of Revenue Over Expenditure | 351,968 | (9,905) |

How You Can Help

The John Howard Society of North Island encourages and welcomes donations to support our work in helping to create safer, healthier communities. Donations may be given for general use or targeted to specific programs or services.

The Society has two funds to provide for recreation and other needs not covered through contracts: the Youth Enhancement and the Mia Harley Fund. The latter was initiated in 2004 as a memorial to a former staff member. The fund is attached to the Oasis girls program.

After receiving your contribution we will issue a charitable donation receipt promptly.

The Society also greatly appreciates those who have been thoughtful with bequests. If you would like to leave a bequest please contact us for more information, or see your lawyer.

Donors may send contributions to:

Executive Director
John Howard Society of North Island
#201 – 140A 10th Avenue
Campbell River, BC V9W 4E3



#201-140A 10th Ave., Campbell River, B.C. V9W 4E3
Telephone: 250.286.0611 • Facsimile: 250.286.3650
E-mail: mail@jhsni.bc.ca • Website: www.jhsni.bc.ca