Thank you to our Supporters!

- Province of BC—Gaming
- KidStart Champions
- Local businesses and service clubs

Volunteering makes a difference!

Are you a fun, caring person over age 19 with a positive attitude and a good sense of humour?

The John Howard Society of North Island is a non-profit society that helps children and young people who are at risk of experiencing serious difficulties in their lives.

Why not spend time with a young person?

FOR MORE INFORMATION:

The John Howard Society of North Island

Campbell River:

140 10th Avenue

Campbell River, BC V9W 4E3

Tel: 250-286-0611

Comox Valley:

575 10th Street

Courtenay, BC V9N 1P9

Tel: 250-338-7341

www.jhsni.bc.ca

f **@KidStartJohnHoward**

Do you believe in the power of mentoring but lack the time? Consider becoming a John Howard KidStart Champion by supporting the KidStart program with monthly donations.

You can choose from:
- Gold = $100/month
- Silver = $50/month
- Bronze = $25/month

Some of our current Champions are family or workplace groups who pool their money to make the monthly donation.

In return for your financial support you will receive annual program updates, a KidStart Champion decal, and an annual tax receipt.

To donate, call us or visit our website:

Campbell River: 250-286-0611
Comox Valley: 250-338-7341

www.jhsni.bc.ca

JohnHoward
The John Howard Society of North Island

Become a volunteer mentor!

Can you share a joke?
Skip stones? Go for a walk?

Kids in our community need a mentor like you.

JohnHoward
KidStart

Campbell River: 250-286-0611

Comox Valley: 250-338-7341

www.jhsni.bc.ca

KidStart recruits and trains caring adults to mentor kids who could use extra support. If you can teach a young person how to ride a bike or throw a ball around, or if you enjoy just hanging out, then you have what it takes to be a mentor.

Being a mentor to a young person ages 6-12 is simple and doesn't require special skills, just common sense and a positive attitude. It means spending three hours each week to help them grow, develop confidence, and connect with the community. Many friendships continue into the teen years.

"The smile on his face was just electric. I realized he'd never skipped a rock before. When I called his Grandma later to ask how our first visit had been, she told me that he said 'This was the best day of my life.'"

- Volunteer Mentor describing his first outing with his 8-year-old Mentee

Who we need—YOU!

If you're a positive, caring, reliable adult interested in sharing three hours a week with a young person who could really benefit from your company . . .

You are for us!

John Howard KidStart Volunteers are:

* Adults (19 years or older)

* Selected based on their ability to unconditionally accept a young person

* Positive role models who develop caring relationships based on mutual trust

Who we help—KIDS!

Referrals are made by a parent or guardian, family member, school counsellor, community worker, social worker, or another significant person in a child's life.

Volunteer mentors are matched with a young person they will see on a weekly basis. They work at developing a supportive relationship by engaging them in community activities. All volunteers are carefully screened (including criminal record and reference checks), trained, and supported by the John Howard KidStart Coordinator.

KidStart relies on funding from donations, grants, and Gaming to provide and support a growing group of committed volunteers who are mentoring kids in Campbell River, the Comox Valley, Quadra Island, and Denman Island. For more information or to volunteer, please call a KidStart Coordinator:

Campbell River: 250-286-0611
Comox Valley: 250-338-7341

"I like having new experiences and learning new things."

- KidStart Mentee

"My daughter talks about things with her mentor. That helps her sort out issues with peers."

- Mom of a KidStart Mentee