

Access to Psychiatry at Foundry

FOR YOUTH AGES 12 TO 24

Reasons to refer youth for psychiatric consult:

- Assessment and Diagnosis
- Suggestions for Treatment
- Need for possible referral to tertiary healthcare
- Medication review needed

Foundry psychiatry referral process for NPs and Doctors:

- All referrals are initiated by completing the form ***Nurse Practitioner/Doctor's Referral for Psychiatry***. Providers should inform patients that they are expected to engage in Foundry services to receive a psychiatric consult.
- The referral should include all relevant supporting documents, including: previous assessments, reports, discharge notes, lab reports.
- When a referral is received, a Foundry clinician will connect with the patient and complete an assessment of symptom severity, level of functional impairment, psychosocial history, and risk assessment. Waitlist is prioritized accordingly.
- The youth needs to be attached to a clinician who will attend the consultation, schedule any follow-up appointments, fax Dr. Williams' report to the referring NP/GP, and coordinate ongoing counselling as needed.
- Whenever possible, family members and caregivers will be included in the process, and invited to attend the consultation.
- Dr. Williams may initiate pharmacotherapy, however the NP/GP will be responsible for ongoing monitoring of the youth for any complications or decompensation.

If you have any questions regarding the above, please contact:

Name: Jonathan Hall, Foundry Mental Health Counsellor

Phone: 250-286-0611 extension 173

Email: jonathan.hall@jhsni.bc.ca