

Access to Youth Psychiatry at Foundry

Reasons to refer Youth for Psychiatric Consult:

- Assessment and Diagnosis
- Suggestions for Treatment
- Need for possible referral to tertiary healthcare
- Medication review needed

Foundry Psychiatry Referral Process:

- All referrals to Psychiatry must be supported by a GP or an NP. The GP or NP will be responsible for implementing the treatment and monitoring the youth for any complications or decompensation. The GP or NP must fill out and sign the **Foundry Doctor's Referral for Psychiatry Form**, including the **Request for Psychiatric Services** section. The form provides a brief summary of pertinent information for Dr. Williams, and also enables our psychiatrist to bill MSP for the consult.
- When a referral is made for a Youth Psychiatric Consult, a qualified Foundry clinician will complete an assessment of symptom severity, level of functional impairment, psychosocial history, and risk assessment. This may also be done if the referral comes from a Primary Counsellor in the community. (Primary Counsellor: Concurrent Disorder Counsellor, Private Counsellor, Social Worker, etc.)
- Upon receiving the completed youth Psychiatry form with physician or clinician contact information, the Foundry clinician will prioritize the waitlist.
- It is important that the referring GP, NP or Primary Counsellor gather all previous assessments, reports, discharge notes, lab reports, etc., so that Dr. Williams has access to a complete history. The referring counsellor will also provide dated copies of their assessments, any relevant case notes, and an interpretive summary.
- The youth needs to be attached to a clinician in order to be able to access Psychiatry at Foundry. The clinician will be required to attend the psychiatry consult with the client, and to follow up with support of the treatment plan.
- Whenever possible, family members and caregivers will be included in the process and invited to attend the appointment, as they can often offer important collateral history and are an essential part of ongoing care plan. You can prepare the youth by letting them know that Dr. Williams will speak with the youth one-on-one and will respect their confidentiality, but will also likely want to include significant caregivers for part of the appointment as well.

Foundry Psychiatry Referral Process continued:

- The GP, NP or Primary Counsellor are required to communicate with the youth and family the appointment time and convey the importance of being present for the appointment. If a youth cannot attend the scheduled appointment, please inform Foundry immediately so that another youth can be seen.

Scheduling:

- 08:30 – 09:30: Dr. Williams consults with Foundry clinician or Primary Counsellor. File will be presented to Dr. Williams as well as verbal summary.
- First-time appointments with youth are 1.5 to 2 hours in length.
- Follow-up appointments are approximately 45 minutes in length.
- Each day's schedule will depend on the number of first-time and follow-up appointments. The maximum number of first-time appointments in a day is two (2).

If you have any questions regarding the above, please contact Jonathan Hall, Mental Health Counsellor at Foundry Campbell River at 250-286-0611 extension 173, or email jonathan.hall@jhsni.bc.ca