

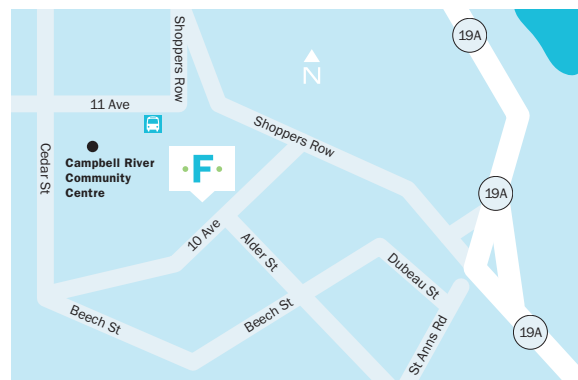


**Find hope,
help, support.
Find yourself.**

**Forge new
connections and
new abilities.
Forge your path
to wellness.**

**A foundation
for health and
well-being.
A foundation
for who you
want to be.**

We provide a safe space where you can get help and support without judgment. Our team will help provide you with the tools and strategies you need to handle the issues you are dealing with.



· F O U N D R Y ·
CAMPBELL RIVER

WHERE WELLNESS TAKES SHAPE

FOUNDRY CAMPBELL RIVER

140 10th Avenue
Campbell River, BC
V9W 4E3

250-286-0611
foundry@jhsni.bc.ca

 @foundrycampbellriver


foundrybc.ca

OPENING HOURS

Monday and Friday
8:30 am – 4:30 pm

Tuesday – Thursday
8:30 am – 6:00 pm

WALK-IN HOURS

Tuesday - Thursday
2:00 pm – 6:00 pm

All services are free and confidential.

· F O U N D R Y ·
WHERE WELLNESS TAKES SHAPE



Welcome to Foundry

Our centre brings many services together under one roof to make it easier for young people to find help and support. When you visit a Foundry centre you will have access to all the services within the centre, based on what you need.

Foundry is a new, province-wide culture of care, co-created with our health and social service partners, young people and families in communities across BC.

We empower young people to lead healthy lives, forge new abilities and shape their own vision for who they want to be. We are committed to changing lives, communities and our systems, because young people are our future.



We offer free and confidential services for young people 12 to 24 years old:

Everyone faces their own unique challenges, large or small. From colds to relationships, from anxiety to job hunting—we will listen to you and work together to create a plan shaped around your needs and desires for wellness. No issue is too small to see us about.

Not sure what support you need? Come by and talk with us! We will work together to help determine what support is right for you.

- Youth Peer Support
- Elders/Cultural Support
- Health Care
- Sexual Health
- Mental Health Support and Counselling
- Substance Use Support and Counselling
- Youth Outreach
- Youth to Adult Transitions
- Housing Support
- Employment Information and Support
- Youth and Family Conflict Resolution
- Aboriginal Youth Navigator
- LGBTQ2S Support
- Services to Adults with Developmental Disabilities (STADD) Navigator
- Free Groups and Courses
- Specialized Services

For more information, call us at 250-286-0611 or visit our Facebook or Instagram pages: [@foundrycampbellriver](#)

Foundry Campbell River is operated by The John Howard Society of North Island in partnership with:

- Island Health (Mental Health and Substance Use, and Public Health)
- MCFD (Child and Youth Mental Health and Youth Services)
- North Island Employment Foundations Society
- School District #72
- Sasamans Society
- Campbell River Community Literacy Association
- Campbell River and District Division of Family Practice
- Campbell River and District Association for Community Living
- City of Campbell River, Parks & Recreation



We would like to thank our community partners and donors for their ongoing support.

