

● ● ● Testimonials

Comments from Young People:

“Now that I’ve lived alone I have a better idea of what it’ll look like when I age out.”

“Barnett House is the best thing that’s happened to me for a living situation.”



Feedback

- We value your comments! Please tell your worker what you find helpful about Barnett House and if there are any changes you think we should make.
- Your participation is completely voluntary and your responses will be kept anonymous and confidential.

Our Mission

The John Howard Society of North Island is a charitable organization whose mission is to provide programs and support to help children, young people, and families lead safer and healthier lives.

We offer free, respectful, non-judgmental services.

**Campbell River Office**

140 10th Avenue  
Campbell River, BC  
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**Tel. 250-286-0611**  
**www.jhsni.bc.ca**

The John Howard Society of North Island’s programs are situated in the traditional territories of the Kwakwaka’wakw, Nuu-chah-nulth, and Coast Salish peoples.



# JohnHoward

## Barnett House



*Building Safer and Healthier Communities*

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250-286-0611  
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## ● ● ● We can help you

- Finish school
- Find work
- Improve relationships
- Learn how to live independently:
  - ▶ Cooking
  - ▶ Shopping
  - ▶ Budgeting
  - ▶ Dealing with stress
  - ▶ Increasing safety
  - ▶ Improving self-confidence
  - ▶ Doing laundry
  - ▶ Handling medical issues
  - ▶ Getting ID
- Problem solve in a crisis
- Be part of the community
- Create a circle of support
- Find a place when you're ready to move out and support you until you are settled in
- Connect with other programs at John Howard and Foundry:
  - ▶ Employment
  - ▶ Youth Health Clinic
  - ▶ Walk-in counselling



## What does the program look like?

Barnett House is a six-plex with five units for youth and an office for the program coordinator. It's a safe place to be while we help you learn what you need to know to live on your own. The rent includes utilities, Wi-Fi, and use of the laundry room.

## How do you apply to live there?

The first step is usually to speak with a social worker to see if you qualify for financial assistance. You can also call us to ask questions. Barnett House is a program, so we will explain how that's different from having your own place.

## Program Outcomes 2017-18

- 10 youth received support.
- Those who gave feedback said they improved practical skills like cooking, social skills, being accountable, how to find a good place and maintain it, budgeting, how to look for work, managing visitors, and feeling comfortable with themselves.

## ● ● ● Our Philosophy

We work from a client-centered, strength-based and relationship-building approach to assist young adults to be self-sufficient and live independently. We want to encourage clients to make healthy lifestyle choices through short and long-term support, advocacy, crisis intervention, life coaching, and referral to other community agencies.



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