

## Youth/Parent Mediation Program Aims . . .

- To assist parents and youth to improve communication.
- To create win/win situations for all the family.
- To assist families to strengthen and preserve the family unit.



## Confidential, Voluntary and Free Service

We offer free, respectful, non-judgmental, strength-based, and confidential services.

*The Youth/Parent Mediation Program is funded by the Ministry of Children and Family Development.*

## The Mediator Can Help Families . . .

- Use their strengths to reduce conflict within the family.
- Develop respectful plans to minimize future conflict.

## The Mediator Provides . . .

- Information
- Counselling
- Mediation
- Referrals to other community-based resources

## The Mediator Can Assist Youth . . .

- To improve communication skills.
- To build positive coping skills.
- To develop different ways of solving problems.
- To handle difficult situations.

## The Mediator Can Assist Parents . . .

- To better understand adolescent development.
- To demonstrate and practice more effective communication skills both verbal and non verbal.
- To “pick and choose your battles” and hopefully bring more peace and harmony to the family home.
- With referrals to other services.

## Program Outcomes

In 2014-2015:

- 100% of clients surveyed said there was less conflict at home.
- 75% of parents said their parenting approach was more effective.
- 100% of parents said relationships with their teens had improved.

## Youth/Parent Mediation Program

### Client Comments:

*"The Mediator went above and beyond. She shared tools with me and my kids that I will always have."*

*"I felt comfortable talking about my feelings and thoughts."*

Are you a teen or parent of a teen? Are you experiencing conflict at home and not sure what to do? Explore all your options.



Call a John Howard Youth/Parent Mediator:

**250-286-0611**

Our Mediators have a minimum of a Bachelor's Degree in Social Work or a related field, and three years post-degree experience in family and children's services. We are open from 8:30 a.m.-4:30 p.m. Monday to Friday.

## Mission Statement

The John Howard Society of North Island is a charitable organization whose mission is to provide programs and support to help children, youth, and families lead safer, healthier lives.



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**JohnHoward**  
The John Howard Society of North Island

# JohnHoward

## Youth/Parent Mediation Program

Building Safer and Healthier  
Communities



Campbell River: 250-286-0611  
[www.jhsni.bc.ca](http://www.jhsni.bc.ca)