

## ● ● ● Why KidStart works

KidStart demonstrates that spending time with positive role models increases a young person's resilience and self esteem.

KidStart builds healthy communities one friendship at a time.

Research shows that mentoring contributes to

- Better attendance and attitude toward school
- Decreased chance of drug and alcohol use
- Improved relationships with family and friends
- Better communication with parents
- Increased chance of going on to higher education

*"My son talks about his mentor nonstop. It's amazing what a difference it makes having a male role model in his life. Everybody notices a difference since they started hanging out. Even his teacher called to tell me how much he has improved."*

- Mom of a 9-year-old KidStart mentee

## More time than money?

**Consider volunteering as a KidStart mentor!**

We have a waitlist of incredible children and youth who could really benefit from some fun time with you. Join our group of fantastic mentors and make a difference in our community!



*"Before I had a mentor I was shy and I could not openly talk to anyone about how I felt. But all that changed when I met my mentor. She has opened so many opportunities for me."*

- 13-year-old KidStart mentee

## Our Mission

The John Howard Society of North Island is a charitable organization whose mission is to provide programs and support to help children, youth, adults, and families lead safer and healthier lives.

# JohnHoward KidStart

## Mentoring Program



*Make a Difference*

Campbell River  
Tel. 250-286-0611  
Comox Valley  
Tel. 250-338-7341  
[www.jhsni.bc.ca](http://www.jhsni.bc.ca)



# Frequently Asked Questions

## What is KidStart?

The KidStart Mentoring Program pairs caring adult volunteers with vulnerable children and youth who could benefit from one-to-one time with a positive role model.

KidStart is a free service offered in Campbell River, Quadra Island, and the Comox Valley. The program is funded by Gaming funds - Province of BC, grants, donations, and fundraising.

Each child in KidStart has different reasons for needing support. The loss of a family member, challenges at school, or stresses at home are all examples of why a child may need a mentor.

Mentors and their mentees spend 3+ hours each week together doing activities that offer the opportunity to experience fun and success.

## What are our outcomes?

- 103 children and youth were matched with mentors who volunteered 7,881 hours in 2020-2021
- 100% of mentees and their families believe KidStart is making a positive difference in their lives

## What is a KidStart Champion?

KidStart Champions sponsor local children and youth in The John Howard Society of North Island's KidStart Mentoring Program. Champions can be individuals, businesses, families, or teams and can choose from three levels of sponsorship:



### Gold

\$100 per month (covers the cost of a KidStart mentee's participation)



### Silver

\$50 per month (covers 50% of the cost)

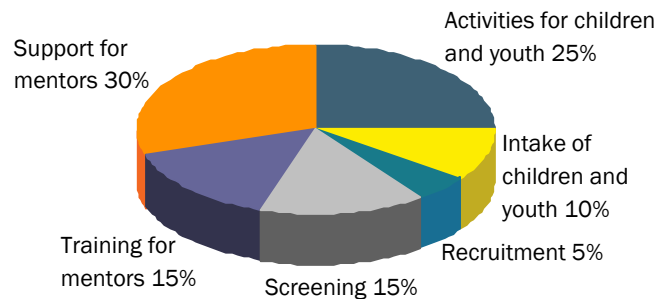


### Bronze

\$25 per month (covers 25% of the cost)

## Where does your money go?

The cost of providing and supporting a stable, long-term mentoring relationship for a KidStart child or youth is approximately \$100 per month. This covers:



## What will I receive?

- A profile of your KidStart child or youth
- Annual updates
- Champion decal
- Tax receipt
- The satisfaction of supporting a local child



**Thank you to our KidStart supporters!**

- KidStart Champions
- Gaming - Province of BC
- Civil Forfeiture - Province of BC
- Bell Canada
- Local businesses