

JohnHoward

The John Howard Society of North Island



10TH AVENUE
Campbell River



BARNETT HOUSE
Campbell River



THE STATION
Comox Valley



THE JUNCTION
Comox Valley



10TH STREET
Comox
Valley

Annual Report

2020—2021

• Building safer and healthier communities since 1967 •

Annual Report 2020 - 2021

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On the cover: John Howard program buildings.

Our Mission

We provide programs and support to help children, youth, adults, and families lead safer, healthier lives.



'Fall Over the Quinsam River' photo by Chris Cullen

Our Mandate

The John Howard Society of North Island provides services to youth, children, adults, and families with diverse needs. Our locations include offices and residential programs, but our work also takes us into schools, homes, and other parts of communities.

We have a holistic approach, recognizing that safer, healthier communities are created through the combined and diverse efforts of citizens, organizations, and governments. We work cooperatively with a broad spectrum of community agencies and committees, while also maintaining involvement in provincial and national organizations that seek to address the social needs of Canadians.

Who We Are

John Howard has served community justice and social services needs on northern Vancouver Island for 54 years. Beginning as a branch of The John Howard Society of Vancouver Island in 1967, the organization was incorporated as The John Howard Society of North Island in 1989. The society is named after the British prison reformer, John Howard (1726-1790). In 1962 The John Howard Society of Canada was established. There are branches and offices in more than 60 communities across Canada, provincial offices in all 10 provinces and the Northwest Territories, and a national office in Ottawa.

A non-profit society with extensive experience in providing services for youth, children, adults, and families, The John Howard Society of North Island operates numerous programs from 13 locations:

- Campbell River Community Programs/Foundry
- Comox Valley Community Programs
- Beech Street, Campbell River
- The Junction, The Station, and Barnett House
- Parksville Youth Justice
- Nanaimo Youth Justice
- Port Alberni Youth Justice
- Port Hardy Youth Justice
- Duncan Youth Justice
- Robron Centre, Campbell River
- Gold River and Tahsis

John Howard programs are situated in the unceded territories of the Kwakwaka'wakw, Laich-kwil-tach, Nuu-chah-nulth, and Coast Salish peoples. We have a First Nations Elders' Council to advise the agency on matters relating to culture and inclusion. The Elders help to support culturally appropriate programming.

Our Team



102 employees



13 family carehomes



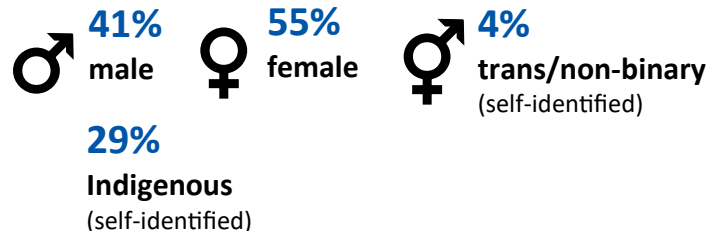
116 volunteers

Our Clients

In the past year, we served **2,092** individuals.

We also provided brief service to **902** additional individuals.

Those participating in our services are:



President's Report



Jay Havelaar

The past year has been among the most challenging in the history of our organization. At the same time, The John Howard Society of North Island has shown incredible resilience and adaptability in meeting those challenges. I feel great pride in the strength of our organization and am optimistic for the future.

In July 2020 we lost our beloved friend, colleague, board member, and long time President Terry Moist. It is a massive understatement to say that Terry's unexpected death was a crushing blow for our organization. Terry had a wealth of institutional knowledge that is irreplaceable. His kindness, compassion,

positivity, and leadership will be greatly missed. I am honoured and humbled to have been asked by my fellow board members to step into his role as president and will do my best to remember his legacy in fulfilling my duties. I am grateful to Kim Kozuki for her steady hand filling in as interim president in the months following Terry's death.

The past year has seen our organization respond to a viral pandemic on a scale that is unprecedented in our lifetimes. I am pleased to report that our organization's response to the pandemic has been to adapt and continue to deliver the high level of service that our clients require. We have managed to not only survive, but to thrive over the past year, despite the enormous challenges of a constantly evolving pandemic response.

We were able to deliver our usual full range of programming, while adding new programs and projects. We received funding for a new Foundry in the Comox Valley, no doubt partly on the strength of our existing Foundry Campbell River. We have purchased a building and renovations are in the works for a projected fall 2021

opening. I am confident that Foundry Comox Valley will be as successful as our current Foundry.

I am more than impressed by the ability of our staff to react and adapt to the constantly changing new reality. This has been under the sound guidance of our skilled management. Under the present circumstances this is no small feat, and our whole team deserves thanks and congratulations. Special kudos to Executive Director Wendy Richardson for reaching her 30-year milestone of working for the Society in December 2020.

I'd like to welcome new board members Iza Gilson and Paul Barnett, welcome Kathi Camilleri back to the board, and say goodbye and thank you for your commitment and service to former board member Dr. Edward Clarke.

Rest assured that despite the challenges of the past year, our Society remains in good shape. We continue to deliver high level services, and are in fact expanding, and we remain on a very solid financial footing.

Executive Director's Report



Wendy Richardson

Year of Global Pandemic

We have now experienced a full year of a rampant global pandemic that brought the world to a partial standstill. During that year we had the responsibility of delivering critical services to very vulnerable populations when many local service providers had pulled back to largely virtual services. At the same time, we worked hard to keep our clients and staff as safe as possible, minimizing their risk of catching the virus. At times during the past year, our community staff in Campbell River and the Comox Valley rotated working part time in the office and part time from home offering virtual services. Whenever possible, we returned

fully to in-person services. When our staff were finally prioritized for vaccinations, we were able to bring everyone back to work face-to-face with our clients. Our adult and youth residential programs had to continue operating 24/7 throughout the year and worked hard to adapt operations to allow for extra cleaning, use of personal protective equipment (PPE), and changes to the way meals, groups, and transportation were offered.

Despite these significant challenges, our agency has achieved many accomplishments over the past year. As always, we look to our strategic plan to guide our actions. The first part of our operational cycle is to identify an emerging need in the communities we serve and, if it fits our mandate, work towards a response to that need that will help to build safer and healthier communities. Next, we stabilize the new operations and ensure they meet all relevant standards. Finally, we strengthen the services and the staff to continually improve the effectiveness of our programming. Over the last year, we have carried out actions that reflect all the stages in this cycle.

Responding to Emerging Needs and Opportunities

We learned in June 2020 that we were approved to open a new Foundry centre in the Comox Valley. Since that time, we have worked closely with our community partners and the Foundry Central team to identify a facility for Foundry Comox Valley and design the centre and the programming. In the fall, we purchased 575 10th Street in Courtenay and began the design phase, working with the excellent designer we had used for Foundry Campbell River, Denise Mitchell Interiors. We contracted with Lori McKeown, our former Foundry Campbell River manager, to support our youth and parent engagement process, and she quickly had a group of enthusiastic participants providing questions and feedback to help us in this development phase. Our plan is to open the new facility in fall 2021.

Long waitlists for our 180° Detox and Supportive Recovery program encouraged us to respond to an RFP from Island Health for a youth supportive recovery live-in program. We were pleased to be

Executive Director's Report

awarded the contract which will embed five supportive recovery units and a full program in The Station, our youth housing facility in Courtenay. We were also delighted to be able to add one more bed to the 180° program which is located in Campbell River, bringing that to five beds.

Much of our effort this year was directed to meeting the needs of those who were most affected by the pandemic. The most serious impact appeared to be on the mental health of youth in Campbell River, particularly young people between the ages of 12 and 14.

We applied for and received several small grants from local community foundations and the federal government's Emergency Community Support Fund intended to assist those who were struggling to cope with the impacts of COVID-19. These allowed us to provide grocery store gift cards to help youth, families, and adults who had challenges affording food in the Comox Valley and Campbell River. We also received grants and supplies from others to help us with the cost of PPE.

Stabilizing Operations

Residents at The Junction established a vegetable garden in the backyard and planted flowers in the many garden beds throughout the property. This along with a resident initiative of painting murals on the smoking gazebo have contributed to a vibrant and beautiful exterior.



Veggie beds at The Junction

The bike lock-up area was moved away from the front of the building to help minimize neighbourhood noise and the purchase of a bike storage shed helped provide a higher degree of safe bike storage. Staff started SMART Recovery® groups, yoga, crafts, and journaling for residents. Residents and staff made a tremendous effort to use masks, practice social distancing, and add new cleaning routines to keep everyone safe. We were grateful to Public Health for

holding vaccination clinics at the facility.

Strengthening Services and Staff

The growth of our agency over the last few years led to a decision to create a new position, director of practice, to promote excellence in practice and service delivery, and support service integration. To support our nurse practitioner and additional psychiatry sessions, we have added a medical office assistant (MOA) at Foundry Campbell River. With some reduction in face-to-face services, we put extra effort into training this year.

Conclusion

Although it has been a demanding year, we want to recognize the determined efforts of our staff to continue to provide valuable services to all our clients despite the obstacles. We are indebted to many people who have helped our Society hold a steady course through these turbulent times, including our dedicated board members, staff, contractors, volunteers, and donors.

Awards

Spirit of John Howard Award

The Spirit of John Howard Award recognizes individuals who make a major contribution to the people we serve, our communities, and The John Howard Society of North Island.



Kerry Hammell with the Spirit of John Howard Award

Last year the Spirit of John Howard Award went to Kerry Hammell, who marked her 30-year anniversary of working for our agency in June 2020. Kerry was the first employee to reach this impressive milestone. Executive Director Wendy Richardson announced the award during our first ever virtual AGM in October 2020. Wendy said, “During the past three decades Kerry has demonstrated extraordinary

commitment, loyalty, and service to the organization and her clients. Kerry brings humour, empathy, and dedication to her work with us every single day and we are immensely grateful to her for all she does.”

Kerry graduated as a registered nurse with a psychiatric specialization 46 years ago. Her first position with John Howard was at Lakeview Youth Custody Centre. Since that time, Kerry has worked in a number of different counselling positions within the agency, including alcohol and drug treatment, substance use counselling, 180° Detox and Supportive Recovery, and now mental health counselling at Foundry Campbell River. Kerry has also facilitated many support groups over the years, including the current SMART Recovery® Family and Friends group.

Community Advocacy and Integrity Award

The John Howard Society of North Island and Foundry Campbell River were selected for a Community Advocacy and Integrity Award, one of the first Campbell River Spirit

Awards honouring excellence in health care, distributed by the Physician Health and Wellness Committee of the Campbell River and District Division of Family Practice. The award was gratefully accepted by Stacy Folk, Foundry Campbell River program manager.



Stacy Folk with the Community Advocacy and Integrity Award

Community Service Award

The John Howard Society of Canada awarded the national Community Service Award posthumously to Terry Moist, our former president who passed away last year. Terry demonstrated his long-term commitment to crime prevention, restorative justice, and community safety by volunteering on our board of directors for 42 years.



KidStart pairs volunteer adult mentors with children and youth ages 6-18 who could benefit from building a positive relationship with a buddy, getting out in the community, and having fun. Through the gift of time, our KidStart mentors help kids grow, thrive, and connect with the community they call home.

A Snapshot: In the past year, **103** mentees were matched with mentors who volunteered **7,881** hours.

Areas Served

Campbell River
Comox Valley
Denman Island
Quadra Island

Portion of John Howard budget:

2%

Frontline Staff

2 part-time employees

102 volunteers

KidStart is funded entirely through grants, donations, and Gaming funds.

KidStart participants are:

46%
♂ males
47

53%
♀ females
55

1%
♀♂ trans/non-binary
1 (self-identified)

51%
Indigenous
53 (self-identified)

From the families who gave feedback this year:

100% of children and youth have increased connection to school/ community

100% of children and youth have improved self-esteem

100% say KidStart is making a positive difference in their child's life

"Just talking to my mentor has helped. She is always there to help with whatever problems I have."
- KidStart mentee

Supports to Families

Our **Behavioural Support, Youth and Family Conflict Resolution**, and **Collaborative Planning** programs provide the support families and caregivers need when they are facing challenges.

A Snapshot: 96 families participated in one or more of our support programs.

“You help me process what I’m thinking so I can communicate better.” – Family Member



Families who participated are:

21%

Indigenous

20 (self-identified)

Areas Served

Campbell River
Comox Valley

Portion of John Howard budget:

4%

Frontline Staff

2 full-time employees

1 part-time employees

From a social worker who gave feedback this year:

“Despite the meeting being on the phone and with so many people, you did a great job of keeping everyone on track.”

From young people who gave feedback this year:

“I like talking to you. I meet with you because I want to, not because I have to.”

“You are really easy to talk to. I like meeting with you.”

From a parent who gave feedback this year:

“Thanks for everything. You guys have been amazing and I am so glad [my loved one] has had your support and for the support you have given me as well.”

Independent Living for Youth



Our **Youth to Adult Transition (YTAT)**, **Barnett House**, and **The Station** programs provide housing and life skills support for youth.

A Snapshot: In the past year, **105** youth received support. An additional **18** youth received brief service.

Areas Served

Campbell River
Comox Valley

Portion of John
Howard budget:

5%


Frontline Staff


3 full-time
employees


2 part-time
employees

1 casual employee

YTAT, Barnett House, and The Station participants are:

 **43%**
males
45

 **48%**
females
51

 **9%**
trans/non-binary
9 (self-identified)

45%
Indigenous
47 (self-identified)

From the clients who gave feedback this year:

98% of the youth at
The Station accessed
community supports.

“I feel like I'm getting my life on track. I don't think I'd be where I am right now without The Station.”

“The biggest benefit to being at Barnett House is having safe and stable housing.”

Independent Living for Youth

The Station

The Station is a youth housing program in Courtenay that provides furnished suites for young people ages 17-22. The program provides safe, supportive, transitional housing for youth while also helping them develop and practice the skills they need to successfully live on their own.



The Station

Photo by Bill Mathis

Individual and group programming offered by staff includes life skills such as budgeting, meal planning and preparation, cleaning, laundry, self advocacy, accessing public transportation, and health and wellness. Additionally, program staff are able to provide group learning sessions such as Ready to Rent and SMART Recovery®.

COVID-19 presented a host of challenges for youth at The Station, ranging from decreased opportunities for group activities to limited access to transportation by staff. A positive trend noted this past year is that youth are staying for longer periods of time, which has supported the development of a culture of respect, trust, and support amongst the youth as well as naturally promoting a mentorship role for longer-term residents with new arrivals. There is a lack of safe, affordable housing for youth in the Comox Valley as well as programming to support youth experiencing multiple barriers to independence, so the waitlist for The Station is growing.

Food Security a Big Focus

During the past year, helping clients meet their food security needs was a big focus of the Youth to Adult Transition (YTAT) program. The youth counsellor delivered Food Bank hampers to approximately 30 clients per month. The program's cooking group switched to an outreach format during the pandemic, with meal kits, recipes, and links to

“how to” videos dropped off to clients. Participants shared photos and videos of their results. One client said, “You've given me a great skill I can't ever forget in life and that's cooking, and I thank you for that.”

YTAT partnered with the BC Federation of Youth in Care Network Local and Sasamans Elders to prepare and deliver three holiday dinners that served approximately 110 people each.

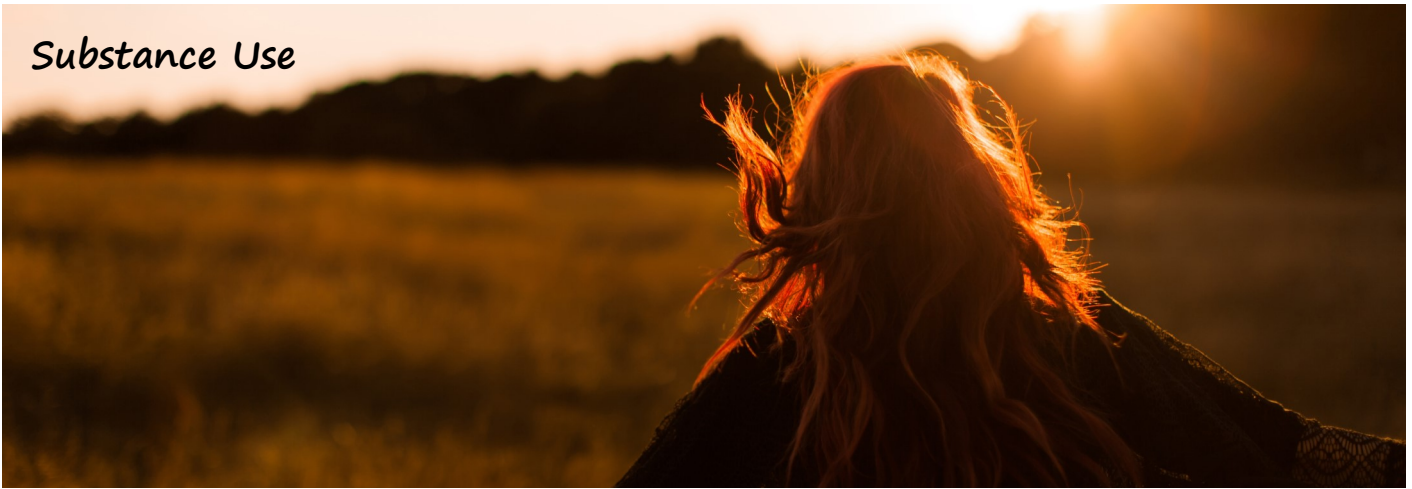


Elder Ole Henderson during Christmas dinner prep

Barnett House

As Barnett House youth housing provides single occupancy, walk up suites, the program didn't change too much during the pandemic. One resident said, “I like everything about Barnett House. I've learned keeping myself busy is good for me.”

Substance Use



Our **Substance Use Counselling, 180°, Youth Outreach, Youth & Family Counselling, Peer Support,** and **Substance Use Prevention & Early Intervention** programs provide support.

A Snapshot: In the past year, **241** youth and family members received substance use services, outreach workers had **201** supportive contacts with youth, and there were **253** brief service contacts with youth.

Areas Served

Campbell River
Comox Valley
Gold River & Tahsis

Portion of John
Howard budget:

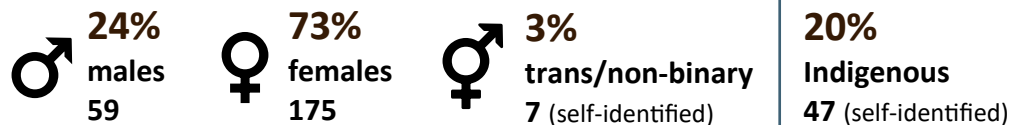
15%

Frontline Staff

5 full-time
employees

5 part-time
employees

Substance use services clients are:



Youth feedback:

"I learned that I'm stronger than I ever could imagine."

"I became aware of triggers."

Parent feedback:

"I have noticed a 95% improvement with my son since you started working with him."

Substance Use

180° Adapts to COVID-19

180° Detox and Supportive Recovery provides young people ages 13-19 with a comfortable, home-based setting to withdraw from harmful substances and transition to a healthier lifestyle. Youth reside in John Howard Society family carehomes. During the global pandemic, 180° continued to operate successfully for youth requiring support with substance use challenges. We implemented many new safeguards and ways to deliver service to maintain the safety of clients, caregivers, and staff.

Staff primarily worked with youth on an outreach basis and via conference calls at the start of the pandemic and during the height of public health restrictions. When restrictions were lifted, all youth attended the day program and accessed available activities.

Additionally, when youth first entered the program, or returned following a home visit, they quarantined in one of two designated family carehomes before attending the regular day program. While the youth were in quarantine, counsellors, teachers,

and activity and supervision workers provided services through outreach or over video calls. This provided a way to ease youth into the program while also maintaining a sense of safety. We are very grateful to our amazing team of caregivers who truly went above and beyond during the pandemic.

2SLGBTQIA+ Supports



*Sidewalk chalk drawing,
Campbell River Pride 2020*

In response to community and School District #72 requests, Foundry Campbell River's youth counsellor focuses on promoting healthy lifestyle choices and safe sex practice education, including competency training in gender and sexual diversity. This work is funded by Island Health.

Foundry Campbell River now has two 2SLGBTQIA+ groups for youth: a group for ages 15-24 that has

been meeting weekly since 2016, and one for ages 12-14 that began meeting in October 2020. The groups offer 2SLGBTQIA+ and questioning youth a forum to discuss issues and learn more about sexual orientation and gender identity and expression. Trans Care BC funds both groups.

The groups met via Zoom for much of the past year. This provided continuity of service when health restrictions began, and enabled the groups to benefit from guest speakers from outside our region. Over the summer and early fall of 2020, the groups had some in-person meetings outside, masked and socially distanced.

In Campbell River, the pandemic restrictions and isolation resulted in increased mental health crises for many young people. Foundry Campbell River has played a large role in supporting these youth. Some participants describe the 2SLGBTQIA+ groups as a lifeline. One member said, "It's crucial to have these programs in our town. So many kids would have nowhere else to really be themselves and be supported."



Mental Health

Child and Youth Mental Health Outreach, Foundry Mental Health Counselling, and Foundry Psychiatry programs provide support and counselling for children, youth, and families.

A Snapshot: In the past year, **588** children, youth, and families received mental health services, and **40** youth participated in Boys Club Network groups at three Comox Valley schools.

Areas Served

Campbell River
Comox Valley

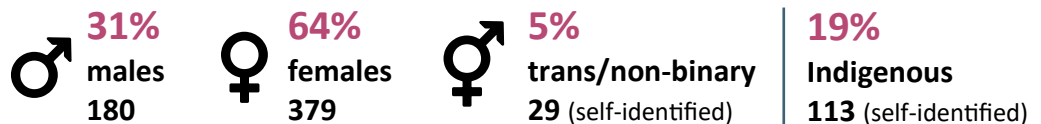
Portion of John
Howard budget:

12%

Frontline Staff

5 full-time
employees

Mental health services participants are:



Feedback:

“Boys Club Network group keeps the boys connected to school.” - Vice-Principal

“I liked how they give you a lot of tools to help with anxiety.” - Foundry client

81% of youth respondents said things got better as a result of having someone to talk to.

Primary Care

Our **Nurse Practitioner, Sexual Health Clinic,** and **GPs** provide primary care services at Foundry Campbell River. Services include gender affirming care, mental health, physical health, sexual health, prescription renewals, and other primary care requests as needed.



A Snapshot: In the past year, **281** young people received primary care services.

Areas Served

Campbell River

Portion of John
Howard budget:

2%

Frontline Staff

1 full-time
employee

1 part-time
employee

Primary care patients are:

30%
♂ males
85

64%
♀ females
180

6%
♂♀ trans/non-binary
16 (self-identified)

13%
Indigenous
37 (self-identified)

During the pandemic, Foundry primary care shifted to support virtual and in-person appointments when required. Primary care operates without a wait list or delay in appointment time.

“COVID-19 presented a large operational challenge this year. Overall, Foundry has supported youth in-person throughout the pandemic by implementing clear safety guidelines.” – Stacy Folk, Foundry Campbell River manager



Foundry staff work closely with two primary care GPs and four public health nurses, all funded by Island Health. Foundry doctors offer specialized services such as gender affirming care and opioid agonist therapy, plus addiction care.

Youth Justice



Our **Headstart Boys Program, Oasis Girls Program, Intensive Support and Supervision Program (ISSP), Youth Forensic Psychiatric Services (YFPS), Compass, and Bail Bed** programs provide a wide range of services from residential programs to community-based one-to-one support.

A Snapshot: In the past year, **135** youth accessed our youth justice services.

Areas Served

Campbell River
Comox Valley
Duncan
Nanaimo
Parksville
Port Alberni
Port Hardy

Portion of John
Howard budget:

38%


Frontline Staff


19 full-time
employees


6 part-time
employees

3 casual employees

Youth justice participants are:

 **79%**
males
106

 **20%**
females
27

 **1%**
trans/non-binary
2 (self-identified)

41%
Indigenous
55 (self-identified)

From the clients who gave feedback about what they learned:

“I learned that if I really want to do something I can.”

“I’m a critical thinker. I’m thinking about how I got here.”

“When I’m mad I can control myself. I wouldn’t have found out unless I came here.”

Youth Justice

Cultural Supports

When public health restrictions allowed during the past year, Elders participated in healing circles with youth in the Headstart Boys Program and Oasis Girls Program. Activities included drumming, sharing stories, and smudging with the youth.

Gina Hunt, who is an Elder in Residence at Foundry Campbell River, taught cedar weaving to youth in the Oasis program during the spring of 2021. Gina, whose traditional name is Wa-ji-di, meaning “Gifted/Treasured One”, said she greatly enjoys being with the youth. “I like their positive energy and I like talking to them.”



Gina Hunt making a cedar rose at Foundry Campbell River

One young woman was excited to learn they could dye the cedar before weaving it. She requested that they dye some of it black, and was able to combine the dyed cedar with the naturally coloured cedar in a bracelet.



Cedar bracelet

As well as bracelets, the youth learned how to make baskets, roses, and headbands decorated with abalone shell buttons.

Moving Forward in Headstart

A youth who recently graduated from our Headstart program demonstrated that with hard work, trust, and perseverance, it's possible to make many positive changes. When this youth first came to Headstart, he had been through a large number of traumatic experiences and had

been in care for many years. He entered the program as an angry young man and spent the first two weeks wanting to leave.

Once he realized that the staff and his carehome were willing to support and work with him where he was at, he slowly began to trust and settle into the routine of program. There were some hiccups along the way, but overall, he took advantage of all the opportunities he was presented with – he completed high school courses, secured part-time employment, and developed trusting relationships with adults.

The youth has returned to his home community, with the new goal of achieving his high school diploma and then going on to a trades program, and eventually to university. With assistance, he was able to access a bursary to help him pay for his living expenses, tuition, books, and technology for the next five years of his education. This youth has become a resilient, determined young man with big goals and dreams for himself, despite the multiple barriers he has faced in his young life.



Our **Homeless Outreach and Prevention** and **The Junction - Adult Supportive Housing** programs provide assistance in the areas of housing, daily living, and accessing supports.

A Snapshot: In the past year, **543** clients participated in our adult programs. An additional **430** received some form of brief service.

Areas Served
Campbell River
Comox Valley

Portion of John Howard budget:

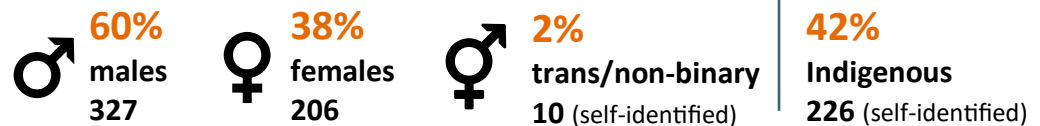
24%

Frontline Staff
16 full-time employees

3 part-time employees

12 casual employees

Participants in our adult programs are:



Program news:

In the Homeless Outreach and Prevention program **16%** of clients were age **60+**.

81% of The Junction's **46** residents remained housed over the past year.

The Junction utilizes a Housing First philosophy: in order to take care of higher needs the basic ones of food, shelter, clothing, and safety need to be addressed.

Adult Programs

Homeless Outreach & Prevention

Our Homeless Outreach and Prevention Program (HOP-HPP) in Campbell River connects with individuals and families who are homeless or at risk of homelessness. The program provides information and support to help people find, secure, or maintain housing.

On April 8, 2020, that work intensified when a fire at Pacific Heights apartment building left homeless 97 adults and children with limited means during the COVID-19 pandemic. Together with Sasamans Society's housing navigator, a Ministry of Social Development and Poverty Reduction financial supports outreach worker, and the Campbell River Coalition to End Homelessness, John Howard staff assisted those impacted to find new housing.

Evacuees were temporarily housed and provided with meals at the Coast Discovery Inn, while workers supported them. HOP-HPP staff members Elaine Bakstad and Andrew Duarte, wearing COVID-19 protective gear, met with the evacuees at the hotel

frequently to plan next steps and assist with rental applications and other paperwork. Donations poured in to help with the costs and with day-to-day needs, and all levels of government were part of the coordinated effort. Telus held an Optik TV Video on Demand fundraiser that raised \$5,000. The Telus Technicians Fund donated an additional \$750. The Campbell River District Teachers' Association donated \$3,000 to help affected School District #72 families.

By the summer of 2020, all the fire evacuees found housing, either in market rentals or BC Housing's newly purchased building, the Riverside Inn. This was a sterling example of timely agency, government, and community collaboration in very difficult circumstances.

In Memory

On April 1, 2021, our dear colleague and extraordinarily dedicated staff member, Elaine Bakstad, passed away after a battle with cancer. Elaine worked tirelessly in our Homeless Outreach and Prevention program for a number of years and was

much loved by her clients. Elaine provided a fine blend of kindness, compassion, and good boundaries in all her dealings and made a difference to many lives. We miss her very much.



HOP-HPP program staff Andrew Duarte and Elaine Bakstad supporting the 2018 Orange Door campaign at The Home Depot

The Junction

Residents and staff at The Junction enjoyed the annual Earl Naswell Community Christmas dinner which was delivered this year. As well as a wonderful meal, residents received a bag with baked goods and non-perishables. In addition, students with Everybody Deserves a Smile Project gave residents 46 holiday gift envelopes with handmade cards, baking, and toiletries.

Making a Difference on John Howard's Board



Judith Hayes

After working as John Howard's clinical consultant assisting a number of programs, Judith Hayes was inspired to join our board of directors when she retired four years ago. "As clinical consultant, I was impressed with the range and quality of the services the society provided and with the skill and commitment of the staff. I wanted to continue to support that."

Judith was born in London, England, and married a Canadian from Williams Lake, which is how she ended up in BC. Before retirement, she was a Registered Clinical Social Worker with a Master's Degree from the London School of Economics. "During my career I was fortunate to have a

very varied range of experience including working in child protection and addictions, assisting people with developmental disabilities, and working in adult and youth forensic psychiatric services. I also taught some child welfare courses at the University of Northern BC."

Judith has worked all over the province as well as in the NWT, Yukon, and Northern Manitoba. Judith and her husband, Ted, moved to Quadra Island in 2011. She currently holds the position of vice-president on our board. Judith appreciates the agency's openness to exploring new ideas and programs, and the careful planning and support that accompanies these changes. "Wendy Richardson, the managers, and the staff are continually looking for ways to improve services and address gaps. It's exciting to witness and be involved."

Judith, who also serves as board vice-president for The John Howard Society of BC, noted that the pandemic has been a huge challenge for the social services sector. "It has changed the way many services have been delivered and significantly disrupted clients

and staff." Judith added that income inequality and historical injustices towards Indigenous peoples continue to have major social impacts, and the need for housing and mental health support are greater than ever.

"Substance use and the deadly effects of the opioid crisis all contribute to a complex array of challenges which require long-term investment and sustained commitment by all levels of government. The social services sector has much to contribute but guaranteed long-term investment will be critical."

Judith observed that building supports and resilience among young people is of critical importance for improving their future life chances. "Many of our existing programs support these goals and the opening of Foundry Comox Valley will be another good step in this direction."

Judith also volunteers with the Quadra Island Salmon Enhancement Society, counting salmon in the fall. Judith's inspiration comes from nature and from people doing ordinary things in an extraordinary way.

Making a Difference on John Howard's Board



Cathy Bruce

When Cathy Bruce was approached by Wendy Richardson to join John Howard's board two years ago, she didn't hesitate.

"Wendy thought my legal background as a retired judge would be of some assistance to the Society. I have admired the work of The John Howard Society of North Island for many years and felt that it would be important to give back to my community with this volunteer work."

Cathy was born in Vancouver and attended UBC law school. She earned a Master of Laws from the London School of Economics in 1978 and then practised civil, labour, and criminal law in a variety of positions back in Canada. In 1991-92, Cathy directed the Law Society of BC's "Gender Equality in

the Justice System" study, and found widespread discrimination. Cathy was appointed to BC's provincial court bench in 1998, and to the BC Supreme Court in 2006.

As an officer on John Howard's board, Cathy finds her involvement with the Society worthwhile.

"Being involved in decision making in an organization like The John Howard Society of North Island that promotes such good change and does such good work is very rewarding."

Cathy believes the agency's focus on youth should be fostered wherever possible. "I find this aspect of our work to be the most interesting and inspiring. Just as my teachers inspired me as a child, I think the professionals who work for our organization can do much to promote healthy lifestyles among the young people who need our services. Whether it is finding young people homes or providing them with the necessities of life and counselling, John Howard has a substantial role to play in protecting this high risk sector of our community."

Cathy also represents our agency

on The John Howard Society of BC board. This broad perspective gives Cathy clarity into the issues affecting the social services sector today, including the lack of personal contact resulting from COVID-19, the shortage of funding and competition for the scarce dollars available, and the huge divergence in approaches to service delivery especially regarding substance use, mental health, and the opioid crisis.

"There isn't one forum for discussing these issues—there are thousands of agencies and committees all with different approaches, and no single Ministry dealing with one age group or one problem."

When Cathy isn't busy with her volunteer commitments, she enjoys sports, crafts, cooking, spending time with family including lots of grandchildren, and boating in the Gulf Islands. Cathy is inspired by a lot of the people around her, including people she has worked with who have disabilities and have persisted and moved forward in their careers. "When I feel tired, I think of them and keep going."

Our Funders and Donors April 2020–March 2021

Government

- BC Housing
- Ministry of Children and Family Development
- Vancouver Island Health Authority

John Howard KidStart Grants

- Bell Canada
- Province of BC-Civil Forfeiture
- Province of BC-Gaming

John Howard KidStart Champions

Gold (\$100/month)

- Altrusa International of Campbell River
- Benjamin Coyle, Island Owl Trucks
- Blind Channel Resort
- Boston Pizza Campbell River
- Broadstreet Properties-Seymour Pacific Developments
- Cathy Bruce & William Kitchen
- Colleen Ross
- Cory Evans
- Curtis Wright
- Healthyway Natural Foods
- HK Enterprises & Mooseburger Restaurant
- IZCO Technology Solutions
- Jay Havelaar & Leanne Wood
- Jill Cook
- Judy Storr
- Mason Walker, RE/MAX Ocean Pacific Realty
- Moeller Matthews Chartered Professional Accountants

- Patricia Davis
- Robert Nixon Real Estate
- Rotary Club of Campbell River
- Trail Bicycles
- Wakhash Contracting
- Wendy Richardson

Silver (\$50/month)

- Alan Storr
- Comox Valley Monarch Lions
- Judith Hayes
- Kathi Camilleri
- KidStart clothing & bottle drives
- Tanya Storr

Bronze (\$25/month)

- Anna Kubacki
- Barbara de Bastiani
- Busy B's Glass
- Christine Jones
- Colin Brownlee
- Colleen Tillapaugh
- Dr. Kerry and Colleen Baerg
- Harmonie Roesch-West
- Kira Neumann
- Marion Waters
- Paul Barnett & Shelly Hollingshead
- Sandy White
- Tara Jordan
- Vicki Corkett
- Xavier Barbot

Youth Housing Grant

- The Home Depot Canada Foundation

Foundry Grants

- Providence Health Care Society
- RBC Foundation/Children's Health Foundation of Vancouver Island
- Trans Care BC

COVID-19 Relief Grants

- Campbell River Community Foundation
- Comox Valley Community Foundation
- Government of Canada-ECSF (3)

Other Donations Over \$1,000

- 090 Builders Group
- 100 Women Who Care Comox Valley
- Aiden Mitchell
- B. MacLeod
- Campbell River Christian School
- Campbell River Daybreak Rotary
- Campbell River District Teachers' Association
- City of Campbell River
- City of Courtenay
- Discovery Community Church
- Giving Tuesday donors
- Memorial donations for Terry Moist
- Pacific Heights fire donations
- Telus
- Vancouver Island Real Estate Board

Heartfelt thanks to our many other individual, group, and business donors who are too many to list.

Thank you for helping us build safer and healthier communities!

Financial Information

Statement of Financial Position – March 31, 2021

	<u>2021</u>	<u>2020</u>
Assets	\$	\$
Current Assets	3,175,599	2,433,006
Investments	12,352	12,352
Property and Equipment	4,708,575	3,544,357
	<u>7,896,526</u>	<u>5,989,715</u>
Liabilities		
Current Liabilities	1,883,092	1,506,934
Long Term Debt	877,610	-
Deferred Capital Contributions	907,180	948,909
	<u>3,667,882</u>	<u>2,455,843</u>
Net Assets		
Equity In Property And Equipment	2,897,821	2,595,448
Internally Restricted	33,517	32,415
Unrestricted	1,297,306	906,009
	<u>4,228,644</u>	<u>3,533,872</u>
	<u>7,896,526</u>	<u>5,989,715</u>

Statement of Operations year ended March 31, 2021

	<u>2021</u>	<u>2020</u>
Funding	\$	\$
Government contracts	7,571,892	7,249,055
Unearned revenue	-	(96,676)
Rental revenue	394,914	339,754
Donations and fundraising revenue	391,244	184,339
Deferred Capital Contribution	41,729	41,729
Gaming revenue	59,084	64,039
Miscellaneous revenue	-	40,680
	<u>8,458,863</u>	<u>7,822,920</u>
Expenses		
Wages and benefits	5,902,671	5,522,299
Family caregiver fees and expenses	415,698	429,772
Program	525,772	614,823
Administrative	59,366	69,793
Amortization	238,576	211,338
Facilities	425,925	414,954
Rental supplements	182,591	178,851
Interest on long term debt	13,492	11,783
	<u>7,764,091</u>	<u>7,453,613</u>
Excess of funding over expenses	<u>694,772</u>	<u>369,307</u>

Audited financial statements available on request.



www.jhsni.bc.ca

The John Howard Society of North Island

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@JHSNI

@KidStartJohnHoward

@foundrycampbellriver

Find us on Instagram:

@foundrycampbellriver

Ask about our CARF accreditation



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Make a Difference!

The John Howard Society of North Island welcomes donations to support our work in building safer, healthier communities. Your contribution will help us to make a difference in the lives of vulnerable children, youth, adults, and families.

Three of our initiatives that currently need support are Foundry, KidStart, and the Youth Enhancement Fund.



*Rendering of
Foundry Comox
Valley*

Foundry Comox Valley will launch in 2021 and donations are needed to help with renovation and start up costs. An anonymous donor has committed to matching donations to Foundry Comox Valley up to a total of \$100,000 until mid-September 2021.

Foundry Campbell River is our multi-service centre for young people and families, offering primary care, mental health and substance use counselling, and social services. John Howard KidStart is a preventative volunteer mentoring program focusing on the positive development of children and youth ages 6-18.

The Youth Enhancement Fund pays for special expenses for young people that are not covered by other funds, including urgent dental care and job readiness expenses. You can donate by mail, in person, by e-transfer to colleen.ross@jhsni.bc.ca, or online: www.jhsni.bc.ca

The John Howard Society of North Island is a registered charity. Registration #107542524RR0001.