

ANNUAL REPORT 2010

The John Howard Society

of NORTH ISLAND
Since 1967



Building Safer and Healthier Communities
www.jhsni.bc.ca



Mission Statement

Our mission is to promote and foster safer and healthier communities by providing appropriate programs of rehabilitation, education, prevention and healing for those who need an opportunity to achieve, maintain or regain a balance within their communities.

Campbell River Community Services/ Administration

#201-140A 10th Avenue
Campbell River, B.C.
V9W 4E3

Tel: 250.286.0611
Fax: 250.286.3650

mail@jhsni.bc.ca

Courtenay Community Services

1455 Cliffe Avenue
Courtenay, B.C.
V9N 2K6

Tel: 250.338.7341
Fax: 250.338.6568

cy@jhsni.bc.ca

Full Time Attendance Program

c/o Administration
#201-140A 10th Avenue
Campbell River, B.C.
V9W 4E3

Tel: 250.286.0222
Fax: 250.286.6080

louise@jhsni.bc.ca

Youth Forensic Psychiatric Services

c/o Administration
#201-140A 10th Avenue
Campbell River, B.C.
V9W 4E3

Tel: 250.286.0222
Fax: 250.286.0239

sharon@jhsni.bc.ca

Who We Are

The John Howard Society has served the community justice and social services needs of northern Vancouver Island, British Columbia, for more than 40 years. Beginning as a branch of The John Howard Society of Vancouver Island in 1967, the organization was incorporated as The John Howard Society of North Island in 1989.

The society is named after the British prison reformer, John Howard (1726-1790). In 1962 the John Howard Society of Canada was established. There are currently branches and offices in more than 60 communities across Canada, provincial offices in all 10 provinces and the Northwest Territories, and a national office in Ottawa.

A non-profit society with extensive experience in developing services for youth, children, adults, and families, The John Howard Society of North Island operates numerous programs from ten locations:

- Campbell River Community Programs
- Courtenay Community Programs
- Beech Street, Campbell River
- Parksville Youth Justice
- Nanaimo Youth Justice
- Port Alberni Youth Justice
- Port Hardy Youth Justice
- Duncan Youth Justice
- Activity Centre, Campbell River
- Robron Centre, Campbell River

Mandate

The John Howard Society of North Island provides services to youth, children, adults, and families with diverse needs. Our locations include offices and residential programs, but our work also takes us into schools, homes, and other parts of communities.

We have a holistic approach, recognizing that safer, healthier communities are created through the combined and diverse efforts of citizens, organizations, and governments. We work cooperatively with a broad spectrum of community agencies and committees, while also maintaining involvement in provincial and national organizations that seek to address the social needs of Canadians.

Board of Directors

- Lois Liesch, President
- Brian Kelly, Vice-President
- Patrick Field, Treasurer
- Terry Moist
- Karen Turner
- Dawn Chickite
- Colin Gabelmann
- Colleen Perrault

Managers

Executive Director

- Wendy Richardson

Assistant Executive Director

- Carol Harling-Bleeks

Program Managers

- Colleen Ross, Finance and Administration
- Lori McKeown, Campbell River
- Carol Harling-Bleeks, Campbell River
- Vicki Miller, Courtenay
- Paul Weisgerber, Youth Forensic Psychiatric Services
- Vanessa Bramhill, Attendance Programs
- Tanya Storr, Communications and Development

CONTENTS

Who We Are	1
Mandate	1
President's Report	2
Executive Director's Report	2
Staff Profile by Age	3
CQI Annual Report	4
Board Profile	5
Staff Profiles	6
KidStart	8
Youth Activities	9
News from JHSNI	10
Youth and Family Programs	12
Other Programs and Projects	14
Funding Sources and Committees	14
Family Caregivers	15
Community Donations, Fundraising	16
Community Donations, Grants	17
Connections	18
Staff Members and Practicum	19
Auditor's Report	20
Financial Statement	21

Year End Reports

President's Report

Another year has flown by, and it is once again time to comment on where it has taken JHSNI. Thanks to all who made this position pleasurable and enlightening. The board, staff and administration were most helpful and patient with me.

In contrast to the last very exciting and dynamic year, the economic downturn has caught up with us and caused a tightening of budgets and a more tentative pace in programs and changes. However, staff and administration must be commended for keeping the society functioning well.

Indeed, here are some of the resounding achievements of the year. Foremost is becoming accredited for the maximum of three years. Congratulations to all the staff members who spent hours making the revisions that led to this achievement. All of JHSNI's programs and workings are now completely accountable, transparent and of the highest professional standard.

Furthermore, the Society continues to maintain excellent working relationships with government agencies such as VIHA and MCFD. This speaks to the high profile and credibility of the agency as government looks for new ways to organize and fund social programs. In this way, JHSNI contributes to social cohesion, inclusion, and the implementation of fundamental rights which are reliable and accessible – all factors which contribute to the making of a sought-after service provider. Staff, surely you must recognize your roles and importance in this equation. Good on you!

Thank you to all who have supported me through the past two years: board members, administration, staff and members at large. Thank you also to the many unseen staff who do not always get recognitions. Without your contributions the puzzle would not hold together.

I remain sincerely yours,



Lois G. Liesch



Executive Director's Report

The Society continued to provide outstanding services in the last year, largely thanks to the dedicated work of our extraordinary employees. Our clients regularly confirm this view through the positive feedback we receive on satisfaction surveys. As one client remarked, "Thank you JHS for helping me through some dark times." Our committed and caring Board of Directors continue to sustain the Society and our staff with their valuable wisdom and advice. On behalf of the Society, I would also like to thank our generous volunteers and donors without whose time and support it would be difficult to provide the level of service we think is so important.

We are very happy to announce that JHSNI earned a three year accreditation from CARF (Commission on Accreditation of Rehabilitation Facilities), which will expire in August 2012. This was our first accreditation under CARF as we were previously accredited by COA (Council on Accreditation). Staff worked hard reviewing our practices and policies to ensure they met CARF standards. Thanks go to all our staff but especially our accreditation team led by Colleen Ross, Robin Havelaar, Sandy McPherson and the management team.

CARF emphasizes the importance of establishing outcomes reporting for each program. As a result, this year we helped to sponsor an Outcomes Measurement Workshop in Campbell River. I'd like to express my appreciation to Larry Morrison for his support and hard work in helping to set this up. Establishing specific, measurable goals for each program is now well underway and will lead to an annual performance analysis that will be shared with our stakeholders.

In the fall we secured a space to run groups and meet with youth and families at the Robron Centre. This was designed to be a comfortable place to meet with youth living near the centre or attending the many Robron programs and provide an opportunity to collaborate more closely with other agencies at the Robron Centre. The room is used for a variety of activities, including yoga, and is a great addition to JHSNI services in Campbell River.

Fundraising continues to be an ongoing focus for us. Our valuable mentoring program, KidStart, does not receive any government funding and is entirely



dependent on fundraising and donations. Mentoring programs like KidStart are tremendously valuable to communities. Research has demonstrated that they improve school attendance, decrease the risk of drug and alcohol use, improve social attitudes and create better relationships, helping to build safer, healthier communities.

In an effort to maintain this critical program, we have launched a new KidStart Championship initiative that encourages people to sponsor or “champion” a young person through their involvement in KidStart. Champions may be individuals, businesses or teams and can choose from three levels of sponsorship: gold, silver and bronze. Although the identity of the young person must be kept confidential, champions receive some basic demographic information about their KidStart youth and regular updates.

Despite the economic downturn, we were successful in adding to our Youth Enhancement Fund, which provides for emergency needs for youth in our communities, including medical treatments, employment readiness costs and food expenses. This year’s “Dollars for Youth” Fundraising Raffle raised \$6,990 for the Youth Enhancement Fund and KidStart. I would like to express my sincere thanks to the donors of our wonderful prizes and the volunteers who sold tickets.

An inspiring highlight of the year was staff participation in The Village, a workshop led by Kathi Camilleri to develop an understanding of the impact of Residential Schools and the policy of assimilation on First Nations peoples. The last part of the workshop included an opportunity for JHSNI staff to contribute their ideas towards the future cultural responsiveness of our organization.

We have several staff away on maternity leave, with three babies born within the space of four months. JHSNI is certainly making a contribution to the future in more ways than one! After many years of very few maternity leaves, we realize that our staff demographic is changing. Just a few years ago, a staff workshop recognized our staff profile as primarily middle-aged women, mostly members of the baby boomer generation. We now employ mixed generations reflecting both the wisdom and experience of our long-term employees and the creativity and energy of the younger cohort.

After several years of development, our Case Management software, CAMS, is showing signs of its value to the larger social services sector. We are

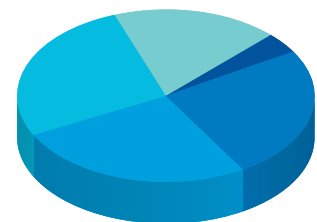
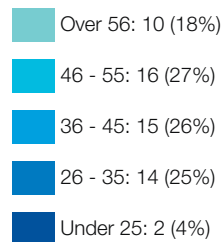
partners in CAMS with PLEA Community Services of BC and the software development company, Brenson Pacific Technologies Ltd. A number of new agencies have joined the CAMS user group this year, including the other John Howard Societies in the province under the umbrella of The John Howard Society of BC. We hope they find this software as valuable as we do.

We continue to work in close collaboration with the managers and staff of the Ministry of Children and Family Development (MCFD), the Vancouver Island Health Authority, School District 72 and Adult Forensic Services. Larry Morrison from MCFD has been a significant supporter of our Society over the years and retired this year. On behalf of the Society, I would like to thank him for his tireless commitment to our community and to wish him well in his retirement. We also continue important relationships with other organizations in our community such as Campbell River and Courtenay Family Services and the Multicultural and Immigrant Services Association.

In closing, I would like to report that I have completed the Master’s in Business Administration at Royal Roads University. My final thesis, A Culture of Leadership on the Front Lines, was completed for The John Howard Society of North Island. The research for this report indicated that JHSNI is already experiencing the benefits of leadership at all levels of the Society. As one employee says, “Every day we are making decisions on the front line that demonstrate leadership.” We hope to continue to build on this excellence in the coming years.

Wendy Richardson

Staff Profile by Age



Year End Reports

Continuous Quality Improvement (CQI) Annual Report

April 2009 - March 2010

Participants

Debbie Grant, Natalie Meredith, Val Colquhoun, Louise Scott and Gérard Choquette continue to be members of the CQI team. Richard Williams resigned his position in October due to work commitments, and Val will be leaving us this summer. Angie Prescott joined the Case Record Review (CRR) team when she returned to work in July from her maternity leave.

The CQI team is pleased to welcome Colleen Ross in her role as functional manager. Colleen was a member of the original CQI committee and brings a wealth of knowledge and new ideas.

The committee is actively recruiting for both CQI and the CRR team. CQI members are required to attend four meetings per year with occasional extra meetings or additional assigned tasks. Please talk to a committee member and your manager if you are interested.

Referrals/Outcomes

A total of five recommendations were made this year – all generated by the CQI team. All five have been addressed and received responses from management.

Recommendations of note included:

- Changes to the CAMS system to include drop down boxes indicating service review and a field to link WorksafeBC reports to staff impacted by client incidents;
- The removal of signature fields where they were no longer required, alleviating the confusion that existed around this; and
- A recommendation from management that a CQI member attend service delivery meetings to improve communication flow as a result of CQI's concern over client satisfaction and feedback.

All of these areas received recommendations from CARF during our site visit, reinforcing the work CQI does to keep the agency on track in meeting CARF standards.

Efficiency and Effectiveness

CRR made the switch from an agency-compiled file review to program-specific reviews. These have been well received and have led to improvements within programs in areas identified as deficient.

Feedback from managers and front line staff has all been positive, with everyone finding the results more relevant to their work. Staff have indicated that they would like the file review team to leave specific feedback in the reviewed files. This is currently under review by the CQI and CRR committees.

CRR will continue to be refined within the next year to meet CARF's service delivery requirements.

In April CRR began an electronic file review on A&D files. For the next review, CRR intends to begin reviewing ISSP files electronically. Electronic reviews will be complimented with annual hard file reviews.

Programs that have little turnover and/or small caseloads are being reviewed twice per year. As a result, more files are reviewed and the results are more relevant.

The reporting format for the quarterly review has been changed to reflect our new outcomes-based reporting system. This revision has received positive feedback and allowed CQI to review the policies that impact our data collection and ensure relevancy to current policies and committees. CQI and CRR have also altered their reporting periods to coincide with the agency's fiscal year end of March 31st.

Access

The functional manager system was developed and implemented in October. Its purpose is to streamline the flow of information and to improve communication between committees and front-line staff.

As a result of the January CQI meeting and discussion with managers, a member of the CQI committee now sits on Service Delivery. This will assist in the flow of communication between the two committees and with information dissemination.

Staff Satisfaction

CQI distributed the staff satisfaction survey in October. There was a 62% response rate and many areas of improvement were noted. Areas covered in the survey included training, orientation to agency/ programs, communication, occupational health and safety, supervision and job satisfaction.

95% of the respondents noted they were satisfied with their employment at JHSNI. Staff also reported an increase in satisfaction with the process to deal with stressful situations; opportunities to be involved in decision, planning and policy making; and access to work space.

There will be no changes to next year's survey questions to allow for continuity and consistency of comparison.

Extenuating and Influencing Circumstances

The CARF site visit in August was a significant event that impacted all areas of the organization. CQI recognized that many changes to our systems and service delivery expectations would likely result from this visit so decisions were put on hold to allow for feedback from CARF surveyors and subsequent responses from management.

Changes to CRR, to the quarterly report and to the staff satisfaction survey this year have impacted their comparison values to previous years. As our programs and systems evolve, the processes we have in place to track them need to keep pace with the changes.

Targets/Goals for Next Year

A staff satisfaction survey will be conducted in September 2010.

CRR intends to bring more programs into the electronic file review. This will be done systematically to ensure information is not being overlooked and in all situations will be complimented with an annual hard file review.

Agency-wide training on service delivery expectations will begin in the summer of 2010. Angie Prescott, who is a member of the service delivery committee and a member of the CRR team, is coordinating this training. Angie will be supported by Natalie Meredith, who is also a member of the CRR team and CQI's liaison with service delivery. This training will ensure that all staff receive similar information on CARF requirements relating to service delivery, and that recording expectations will be streamlined. The CRR team will ensure this training has taken effect.

A flow chart was recently prepared to capture the flow of information to CQI. It outlines which policies govern JHSNI's committees and clarifies each committee's reporting requirements. This will be used as a guide for new CQI members and managers to ensure consistency. CQI will monitor the information they receive to ensure the chart adequately represents its flow and make changes as required.

Terry Moist

Board Member

With 32 years of service on JHSNI's board, Terry Moist is by far its longest-standing member. He joined in 1978, when JHSNI was involved with adult parolees. "Corrections and incarceration always seemed to be issues in need of improvement," he says. As the Society evolved, Terry liked the direction the agency was taking.



"I still do," says Terry. "JHSNI is leading in many directions that I like. I support them all."

Terry has seen JHSNI grow over the years from a small organization of 1.5 employees to a leading social services agency in the North Island. Despite this expansion, the challenges of running a non-profit like JHSNI are ever-present. "Social service agencies are always hardest hit in recession times," says Terry. "We must make our voice stronger by showing the short-sightedness of those cuts."

Terry's commitment to the social services sector extends beyond his involvement with JHSNI. He has recently been elected as a director of Board Voice B.C., an emerging organization that seeks to pool the influence and expertise of board members to advocate for non-profits provincially, establish financial stability in the sector, and become a highly visible champion for community social services.

As a retired teacher of 30 years in Campbell River, Terry's experience working with youth gives him an appreciation for JHSNI's services. Although he supports all of the Society's programs, his heart remains in conflict resolution and restorative justice programs.

"We must reverse the ineffectual 'get tough on crime' policies of government and begin to provide the services necessary for people to help themselves."

In his free time Terry loves to sail with his wife Patricia, work on his boat and travel. Last year he and Patricia spent six months doing volunteer work in Kakamega, Kenya.

Terry is inspired by the people in his life. "As a teacher, I was inspired by many of my colleagues. As a parent, I am inspired by everything my daughters do. As a Board member, I am inspired by the commitment of the John Howard Society of North Island."

Staff Profiles

Angie Prescott

Angie began working at JHSNI in 2004, when she was hired as a casual Youth Parent Mediator. She has since worn several hats, including Clinical Counsellor, Assistant Program Manager, and Counselling Coordinator. She currently works at the Full Time Attendance Programs (FTAP) as the Counselling Coordinator and Assistant Manager.



Angie grew up in Nanaimo, B.C., where she sang, played several instruments, and involved herself in as many activities as she could. Her love of music led her to UVic on a Fine Arts scholarship, but was soon overtaken by a passion for child and youth care. She switched departments on a whim after attending an information session about the program, and found her calling. Angie has since completed a B.A. and M.A. in Child and Youth Care and hopes to begin working on a PhD sometime in the near future.

“I would love to see the development of this profession, and education is an important part of that,” says Angie. “We need more PhDs to build credibility.”

After completing her M.A., Angie and her husband Rob sold everything they had and went backpacking around the world for a year. They traveled to some of the remotest corners of the world, even living for a week with a tribe in the Borneo jungle.

Angie and Rob made it back to Canada safely and settled in Campbell River, where they recently bought 8 ½ acres in Black Creek. They look forward to spending time on their property with their two-year-old twin boys, Griffin and Cooper, and their dogs, Fiona and Jake.

“The boys love nature. My whole world right now is slugs, ants and beetles.”

Along with her family, Angie’s work at FTAP takes up most of her energy. The minute she steps through the door she has to be fully prepared for the day. The challenges of working in such a fast-paced environment, however, are also what make her job so rewarding. As she puts it: “Everyone is so engaging at FTAP and we have so much fun. It’s hard to have a bad day over here.”

Kristy Almond

Kristy has been working for the John Howard Society of North Island for just under a year, but has adjusted easily to the demands of her position as Intensive Support and Supervision Worker in Parksville. A graduate of the Child and Youth Worker Program, Kristy has a lot of experience to draw on to help her in her new role, from working in a secure custody facility to managing cases with the Children’s Aid Society.



Kristy is originally from Thunder Bay, Ontario. She and her husband made the move to Vancouver Island in November 2008, for his work. Although she misses her family and friends, she is excited about exploring her new community and is enjoying the island’s mild weather.

When she began to look for work in Parksville, Kristy was drawn to JHSNI after she learned about all the services the Society offers.

“I have always been passionate about working with youth and their families, especially the more difficult youth,” says Kristy. “Working for JHSNI, I get to do what I love and work with the clients I like.”

Despite her enthusiasm for her work, Kristy finds that getting her clients to engage in JHSNI’s services can be challenging.

“Most of them do not want another ‘worker’ in their lives,” she says. “I find that being patient with them and allowing them to build trust in me really helps create a therapeutic working relationship. I usually focus on doing fun activities with the youth in the beginning to give us a chance to get to know one another.”

In addition to adjusting to her new life on the island, Kristy has added to her schedule and joined the agency’s Occupational Health and Safety team. She is grateful to all the staff at JHSNI for welcoming her so warmly to the agency.

“Working alone in Parksville can be lonely at times, but the staff at MCFD have made me feel like a part of their team and I feel very welcomed by JHSNI. I always look forward to our team meetings.”

Stacy Neary

At 15 years of age, Stacy Neary already knew what she wanted to do. Volunteering at a youth program, Stacy benefited from some wonderful mentors and felt sure she wanted to continue working with teens. She graduated from Douglas College with a Diploma in Child and Youth Care Counselling in 2002, and began her career as a youth worker.



During this time, Stacy and her husband welcomed two daughters into their family. Wanting to raise their children in a small town, they moved to Vancouver Island from Maple Ridge, B.C., and have been happily settled in Port Alberni ever since.

In August 2009, Stacy was hired on with JHSNI as an Intensive Support and Supervision Worker. She credits Kristy Almond, JHSNI's ISSP worker in Parksville, for helping her adjust to her new role.

"Kristy and I started our positions at the same time. We've gone through orientation and training together and we've been able to settle into our positions with each other's support. It's been a great experience."

Although Stacy loves her job, she finds working in Port Alberni challenging. "There are not many activities for youth here, so it can be difficult finding new and creative ways to engage them," she says. "Regular communication and meetings with the other ISSP workers has helped me come up with some new ideas that I hope to implement this summer."

Stacy also acknowledges that working in an isolated position with no office can be difficult – but it's a challenge she thrives on. "The flexibility of my job fits perfectly with my life," she says.

In September Stacy will begin taking classes towards the completion of her Degree in Child and Youth Care. She is looking forward to connecting with others who are passionate about working with youth and gaining knowledge that she can use in her work at JHSNI. She would like to thank her manager, Carol, and the ISSP team members for teaching her so much and supporting her through her first year with the organization.

"I can't believe how fast the time has gone," says Stacy. "To me that says one thing: I'm right where I should be, doing exactly what I should be doing."

Lane Litke

Before coming to JHSNI in 2007, Lane Litke worked in restaurants, for a moving company, at a potato farm, at a ski resort, and as a valet at a casino. After spending some time traveling through Australia and Southeast Asia, Lane began taking criminology classes at Douglas College and didn't stop until he had completed a diploma in Youth Justice in 2005.



A practicum at Camp Trapping, an open custody wilderness camp for youth near Prince George, exposed Lane to his first experience working with teens involved in the justice system. Staff and youth slept in one room together, followed all the same rules, and were up every morning, regardless of temperature, for a run. Despite the placement's challenges, Lane credits the experience with helping him find his passion.

"These kids had gone through so much and had behaviours I had never seen before, but I loved it. I seriously considered going back to Camp Trapping to work."

Lane and his wife Melissa, however, wanted to settle closer to their families. Growing up in Powell River, Lane had spent his youth fishing, hiking, skiing and enjoying other outdoor pursuits. The outdoors is still where Lane loves to spend his free time, and one of the things that drew him to Campbell River.

After completing a practicum with JHSNI in 2007, Lane began working as an Activity and Supervision Worker with the organization. A few months later he was hired into his present position as Intensive Support and Supervision Worker. He appreciates the mentorship he has received at JHSNI, especially from his former ISSP partner, Gérard Choquette.

"I learned how to work effectively with all the individuals in a client's support network from Gérard. He taught me to set boundaries for myself."

Lane is looking forward to fatherhood, as he and Melissa are expecting their first child in October. He also intends to complete a degree in Child and Youth Care and to continue to grow with the organization. "John Howard gets a lot of support from this community," he says. "It's great to work for an agency with such a good name."

Become a KidStart Champion!

The John Howard Society of North Island is excited to launch its new KidStart Champion initiative, a program that allows individual donors and businesses the opportunity to support local children involved in its KidStart Mentoring Program.

KidStart does not receive government funding, and is dependent on local support to cover the costs of a KidStart child's participation in the program. The money Champions donate each month goes towards processing referrals, recruitment, screening, training and support.

KidStart Champions receive basic non-identifying information about their KidStart child, annual updates, a KidStart Champion decal, John Howard Society of North Island membership and a charitable tax receipt.



Thank you for considering KidStart as a meaningful way to contribute to our community.

For more information, please visit www.jhsni.bc.ca or contact a KidStart Coordinator:

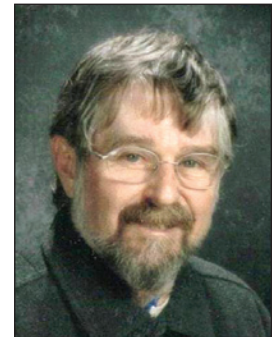
Campbell River Coordinator Leila Hartford:
250-203-4666 or leila@jhsni.bc.ca

Comox Valley Coordinator Wendy Thurlborn:
250-898-4842 or wendyt@jhsni.bc.ca

Many thanks to Michelle Gjerde of Solo Design for volunteering her time and skills to creating our new KidStart Champion logo.

Fred Jiles

Campbell River KidStart Mentor Fred Jiles has fond memories of the mentors who supported and encouraged him as a child. When he found out there was a need for adult men to mentor local children, he jumped at the chance to give back.



Fred has been a KidStart mentor since February 2010. Although his relationship with his ten-year-old mentee is relatively new, their friendship grows every time they meet.

"I can relate to him," says Fred. "He's a mirror image of me at that age. He's even started testing me. He'll ask me to buy him something, and I'll try to get him thinking about how we might earn the money to buy it instead."

Fred tries as much as possible to engage in free, accessible activities with his mentee. He and his buddy have hiked Campbell River trails, gone to the museum, played frisbee golf and ping pong, and have taken the water taxi from Painter's Lodge to April Point Resort to play "Giant Checkers".

Fred has also helped his buddy connect with other services in the community such as the drop-in after-school program The Gathering Place. "My mentee is starting to make friends with the other kids there," says Fred. "It's great. It allows me to step back and watch it happen."

Originally from Washington, USA, Fred moved to Campbell River in 2004 and began volunteering at local schools teaching media skills to children. A certified teacher with a Master's Degree in Communications, Fred focuses on kids who are struggling in school. "It's fun to watch the positive growth in self-esteem when kids use computers to build an animation from beginning to end and it turns out well. They are so proud of themselves."

Fred has also volunteered at Laichwiltach Family Life Society offering youth vocational media training and regularly attends the Teen Centre Family Place Program. Despite his busy schedule, Fred always makes time for KidStart.

"Growing up, I remember the adults whose support made a big difference in my life. By providing this kind of mentorship, KidStart is a very powerful program."

FTAP Running Program

Four mornings a week, youth and staff in JHSNI's Full Time Attendance Programs tie up their laces, stretch, and hit the trails.

"There is a tremendous amount of research demonstrating that twenty minutes of intensive cardio every day improves impulse control and the ability to focus. The link between mental health and exercise is well-documented," says FTAP Manager, Vanessa Bramhill.

The FTAP team has been mulling over plans to incorporate cardiovascular exercise into their daily routine for some time now. Prompted by research presented at a recent workshop in Victoria attended by Angie Prescott, FTAP's Counselling Coordinator and Assistant Manager, which suggested that running may have therapeutic value for treating addiction, the team decided to give it a try.

Staff were apprehensive about how the youth would react to their new morning schedule. "We thought it would be like pulling teeth to get them to run," said Angie. "It turns out, they really love it!"

The team started out by taking the youth to Intersport, where owner Jonathan Shead offered JHSNI a discount and fitted each of them with a pair of brand-new running shoes of their choice. "After that, they couldn't wait to start," says Angie.

Angie has found that the runs provide more than just morning exercise. "It's actually a really good time to talk with the youth. We've had some great conversations on our runs."

Although it is too early in the program to see many of the benefits, Vanessa anticipates some positive changes: "Running is a healthy, affordable activity. We are giving our clients another way to manage their symptoms that they can take away with them at the end of the program."

Uniting Body, Mind and Spirit through Yoga

JHSNI Alcohol and Drug Counsellor Patty Waters recently added to her therapeutic toolbox and became a registered yoga teacher with Yoga Alliance. Her education, which consisted of 200 hours of study in philosophy, technique, teaching methodology and a practicum, helped prepare Patty to start her own yoga group for young women.

Patty's group currently meets once a week in JHSNI's room at the Robron Centre, and an average of eight girls attend regularly. Patty hopes to inspire them to become as passionate about their yoga practice as she is about hers.

"Yoga is beneficial for the many challenges our youth face today," says Patty. "In addition to developing strength, flexibility and balance, yoga reduces tension and stress in the body, allowing teens to relax and increase their ability to concentrate. It also strengthens the nervous system and stabilizes one's emotional foundation."

So far, Patty's group has been a tremendous success. Many of the girls are so committed to regular yoga practice that she plans on offering an additional weekly group for those who would benefit from a more challenging class.

Patty believes that yoga can help in the treatment of low self-esteem, eating disorders, substance misuse, depression and anxiety, making her class an important therapeutic tool in her practice.

"At-risk teens can learn to respect their bodies and feel empowered to make healthy life choices," she says. "By nurturing the compassion and creativity within, yoga can assist teens in developing new identities."



New Committees

Over the past year, JHSNI has added two new committees: the Cultural Responsiveness Committee and the Ethics Committee.

The Cultural Responsiveness Committee (CRC), formerly known as Cultural Competence Committee, was formed with a mandate to lead the organization towards increased cultural responsiveness. The committee plans to strengthen JHSNI's overall cultural awareness and help build a stronger cultural component in JHSNI's programs.

The various tasks of the committee are to:

- Identify diversity needs and concerns within JHSNI, including all programs, service delivery, human resources, hiring, policy and practice, and community engagement
- Work with programs and with management to inform, educate, promote and initiate changes that would improve our capacity to be a diverse, multicultural organization that provides effective services in a diverse, multicultural community
- Consider a wide range of diversity issues

Since its inception, the CRC has taken concrete steps to make the organization more culturally responsive. In the summer of 2009, members of the committee participated in a workshop on cultural competence and anti-racism with Adrienne Change Consulting Services to build on their knowledge. Dr. Chan, an expert on diversity and institutional change, provided the committee with practical suggestions to facilitate their mandate.

In the fall, the Committee coordinated three interactive training workshops for JHSNI staff with Kathi Camilleri from the Child and Youth Mental Health Aboriginal Team. These workshops, called "Building Bridges through Understanding the Village," explored the effects of residential schools and Canada's policy of Assimilation. Kathi helped staff understand the history that contributes to some of the challenges First Nations communities face today, and guided JHSNI staff as they planned methods for steering the organization towards increased cultural responsiveness.

While the CRC has been busy improving JHSNI's cultural competence, the newly-formed Ethics Committee has been reviewing the JHSNI Code of Ethics, discussing ethical dilemmas at JHSNI, and providing leadership and recommendations to assist with ethical decision making and associated policy development.

Until the creation of the Ethics Committee, all ethical dilemmas were brought to Executive Director, Wendy Richardson, for action. Wendy and her management team, however, saw a need to examine these dilemmas through a variety of lenses. In an attempt to provide a range of outlooks, members of the Ethics Committee were recruited to represent as much diversity of thinking and experience as possible. The Committee has since become a valuable tool for determining the best course of action in an ethical dilemma.

The Ethics Committee is using a process called Action Learning to help them problem-solve. Action Learning is based on two key behaviours – reflective inquiry and continuous learning – and is well suited to dealing with critical and complex problems. To encourage these behaviours, statements during the Action Learning process are made only in response to questions, and an appointed coach intervenes whenever there is an opportunity for learning.

The Ethics Committee spent its first meetings learning to use this tool, and has since proposed solutions to two dilemmas brought to the Committee's attention. Staff members have identified a number of other challenging issues that the team will explore in the coming months.



JHSNI's Cultural Responsiveness Committee during a full day of training with Diversity Educator Dr. Adrienne Chan.

Accreditation Report

After more than three years of preparation, JHSNI underwent the process of Accreditation by the Council on Accreditation of Rehabilitation Facilities (CARF) in August.

From August 10-12, three CARF surveyors arrived in Campbell River and spent two days interviewing staff, clients and stakeholders; looking into client

and personnel files; reviewing JHSNI's policies and procedures and making sure our practices conform to the rigorous standards set by CARF. The visit concluded with an exit conference at which the surveyors provided staff with all the recommendations that they would forward to CARF. Although the surveyors pointed out some of JHSNI's weaknesses, they praised the organization as a whole.

In September, CARF announced that JHSNI had been accredited for a period of three years for its programs for children and adolescents in Community Youth Development, Counselling, Family Preservation and Support, Preservation/Diversion, Specialized or Treatment Foster Care, Support and Facilitation, Supported Independent Living, and Detoxification: Alcohol and Other Drugs/Addictions. This accreditation decision represents the highest level of accreditation that can be awarded to an organization and shows JHSNI's substantial conformance to the CARF standards.

In their final report, CARF surveyors commended JHSNI's staff, saying: "It is evident that the organization is considered a safe harbour in Campbell River. The staff team is compassionate and brings to its work its commitment to ensuring a better quality of life for those it serves. Youth stated that they felt the direction of their lives had been positively influenced and redirected by the staff. Parents reported that staff members are very knowledgeable, supportive, and real and that, although staff members are professional in all their interactions, they are also easy to talk to and very down to earth."



Wendy Richardson and Colleen Ross show off the certificate indicating JHSNI's accredited status.

Spirit of John Howard Award

The Spirit of John Howard award recognizes an individual who makes a major contribution to the youth justice system, the young people we serve, our communities, and The John Howard Society of North Island.

Last year's recipient, Douglas Ramsfield, is a retired probation officer and long time MCFD employee. Doug has worked closely with The John Howard Society of North Island since 1991, when he helped set up standards for the Discovery Centre programs at the old Snowdon Camp in Campbell River. Since that time, he has worked closely with our staff in Campbell River, Courtenay, Nanaimo, and Duncan in the Intensive Support and Supervision, Youth Forensic Psychiatric Services, and Full Time Attendance Programs. He has also served on screening committees for our Headstart Program and Youth Criminal Justice Act beds.

Doug believes that forming relationships is the key to making a difference in the lives of the people he serves.

"As a probation officer, I feel incredibly honoured to be invited into people's lives. What I've learned is that we can't control kids through excessive probation orders. It sets them up for failure. Trusting relationships are what works."

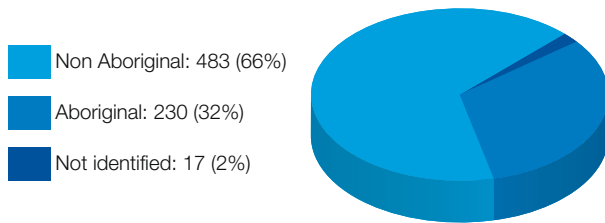
Doug's work in the corrections field has been widely recognized. Last year he was awarded the Corrections Exemplary Service Medal from the Chancellery of Canadian Orders and Decorations, Rideau Hall, Ottawa. The Corrections Exemplary Service Medal is a national award that recognizes long and outstanding service in Corrections.

Through the years, Doug has formed many strong relationships with John Howard clients, staff, managers, and board members. He believes in the John Howard Society's work that supports youth and adults to become independent of the justice system. Doug has long been an avid supporter of The John Howard Society of North Island's programs and initiatives, even driving two-and-a-half hours to attend our gala fundraiser in 2008.

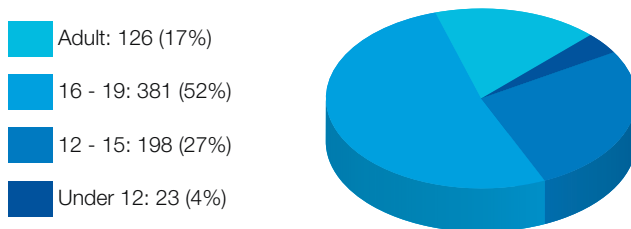
Thank you, Doug, for all that you have done for The John Howard Society of North Island!

Youth and Family Programs

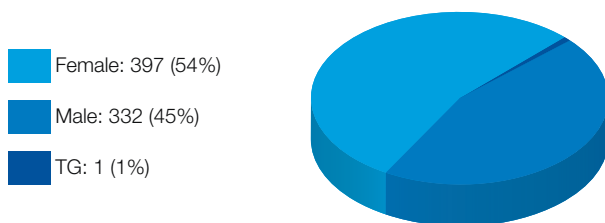
Aboriginal/Non Aboriginal Participants



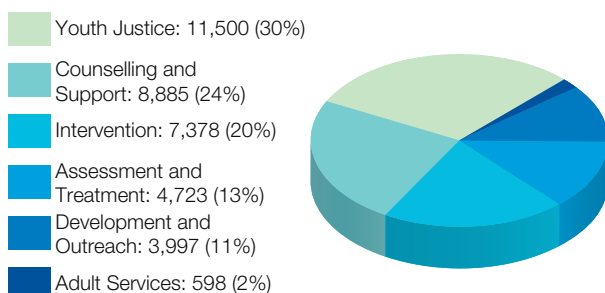
Participants by Age



Participants by Gender



Service Utilization



Assessment and Treatment

Youth Forensic Psychiatric Services

Youth and Family Programs

Assessment and Treatment

22 Psychological assessments were completed and **18** court and non-court ordered youth and their families received treatment. **86%** reported that counselling helped them commit less crime.

6 children who displayed sexual behaviours that raised concern within the family, the school, and their communities received specialized treatment services.

Counselling and Support

23 foster parents referred by the Ministry of Children and Family Development were supported. **96%** indicated that program services have assisted them in managing issues related to fostering.

129 teens and families were provided crisis intervention, mediation, conflict resolution, and parent education courses. **100%** of parents and **87%** of teens reported being satisfied with the service. **91%** became more aware of their skills and strengths.

116 youth were provided advocacy, support, life skills, education, employment readiness skills, counselling and assistance exploring independent living options. **60%** of youth reported that the program helped them avoid living on the streets.

15 youth who are homeless or at risk of homelessness were provided transitional housing. Youth living in Barnett House participated in developing a service plan that determines the skills they need to acquire in order to live independently. **80%** demonstrated improved life and self-sufficiency skills.

147 youth were provided with alcohol and drug counselling including assessment, treatment and family counselling. **77%** indicated a decrease in high risk behaviours and **70%** reported a decrease in family disruption.

7 youth developed an individualized treatment plan to withdraw from drugs and alcohol. **62%** completed the program. **14** youth were supported in the recovery process and **93%** completed stabilization.

21 families shared in the decision-making and planning development process for families receiving child welfare services. **67%** of participants and social workers would recommend this process to other families.

Development and Outreach

34 school-based youth were provided alcohol and drug prevention/intervention.

122 connections were made with disenfranchised youth and their families requiring assistance with high risk behaviour.

4 schools were provided support and coordination to improve literacy and learning, encourage healthy lifestyle options, increase social skills, and create cultural awareness and respect.

Intervention

19 families whose children and youth were identified as “high profile” were provided with intensive intervention strategies through interagency coordination. **100%** reported feeling better about themselves and better able to manage their emotions.

34 mentors committed to volunteering **5,808** hours to provide positive role modeling for children and youth ages **6-18** through recreationally-based friendships.

Youth Justice

135 high-risk youth referred by probation received support and supervision in developing healthy functioning in education, work, family and community settings. **75%** indicated that the worker helped them avoid re-offending.

28 youth participated in alternative to custody programs for male and female youth ages **14-18**. Youth in the program resided with **10** Caregiver Families who provided positive supportive homes. **61%** successfully completed the **6** month program.

3 beds were reserved for **3** youth attending treatment programs and one-to-one counselling with the Youth Forensic Outpatient Clinic. **1** youth comment sums up the program: *“Thank you JHS for helping me through some dark times.”*

Adult Programs

10 provincially sentenced adult sex offenders attended treatment by probation order and received **45** hours of specialised treatment provided by a Registered Psychologist and Co-therapist.

6 mentally disordered offenders and those found not criminally responsible were provided outreach support.

Other Services

Information, referral services, and immediate counselling were provided to ex-offenders and families who approached the Society.

Supports

JHSNI staff fundraised **\$6,990** towards our Youth Enhancement Fund which provided for emergency needs, including groceries and transportation to school or work, work clothing for a youth’s first job, short term courses required for employment, dental treatments, healthy activities, eyeglasses, and household items for **52** youth.

40 youth provided **486** hours support to **49** seniors. Campbell River Daybreak Rotary donated **\$7,000** to initiate the project.

Youth, Family and Adult Programs

The John Howard Society of North Island operated the following programs from April 1, 2009 – March 31, 2010:

- Youth Forensic Psychiatric Services
- Program for Children with Sexual Behaviour Problems
- Caregiver Support Program
- Youth/Parent Mediation
- Independent Living
- Barnett House Transitional Youth Housing
- Youth and Family Alcohol and Drug Services
- 180 Degrees Detox and Stabilization
- Youth Alcohol and Drug Outreach Support
- Collaborative Planning Program
- School-Based Alcohol and Drug Early Intervention and Indicated Prevention
- CommunityLINK Program
- Interagency High Risk Children and Youth
- KidStart
- Intensive Support and Supervision
- Youth Criminal Justice Act Family Support
- Headstart Boys Program
- Oasis Girls Program
- Youth Justice Community Beds
- Adult Forensic Treatment
- Adult Forensic Outreach
- Restorative Justice
- Intake

Other Programs and Projects

Other Programs and Projects

Additional funding from various grants and community donations allows JHSNI to deliver innovative programs and projects.

- Youth Community Kitchen, sponsored by Thrifty Foods
- Summer Quest, funded by VIHA
- Presentations for schools and parent groups
- Supported Independent Living for Youth, funded by Queen Alexandra Foundation
- Campbell River Community Services Directory
- Information cards for youth
- Campbell River Girls' Yoga Group
- Courtenay Girls' Yoga Group
- Parent Drop-in, Courtenay
- Youth for Seniors, sponsored by the Campbell River Daybreak Rotary Club
- Youth Art Café, sponsored by the Arts Council
- REACH group, sponsored by VIHA
- Climbing gym course, sponsored by 2010 Legacies Now
- Oasis Recycling Program, sponsored by Strathcona Regional District

List of Funding Sources

- Ministry of Children and Family Development
- Vancouver Island Health Authority
- Ministry of Health Services
- Forensic Psychiatric Services Society
- School District #72
- Donations and grants – foundations, private, and corporate
- City of Campbell River
- BC Gaming and Enforcement Branch
- Fundraising events

Agency Committees

- Continuous Quality Improvement
- Occupational Health & Safety
- Continuous Learning & Professional Development
- Labour Management
- Case Record Review
- Service Delivery
- Fundraising Planning
- Communications
- Cultural Responsiveness
- Ethics

World Café for Grade 9 Students

JHSNI alcohol and drug counselor Wendy Morin believes that the best way to help youth is to give them opportunities to think critically about their own behaviour. "There is little effectiveness in telling youth 'don't do it' if they are already immersed in substance misuse," says Wendy. "Helping youth increase their awareness and reflect on their actions instead of lecturing them can be the first step in preventing, stopping or reducing drug use in teens." This belief is the foundation of projects like the World Café held at G.P. Vanier in Courtenay in April.

World Cafés are casual gatherings that facilitate "conversations that matter." Café Insights 2 – a World Café for grade 9s expanded on conversations that were held at last year's World Café for grade 8 students, and many of the same youth participated for the second time. The Café featured a relaxed forum with food and music, creating an ambience conducive to encouraging meaningful dialogue about substance use.

Wendy's idea for the Café was based on her experiences working with youth and on her research on drug prevention. "I wanted to provide an opportunity for youth to have a voice and create a dialogue about teen drug use."

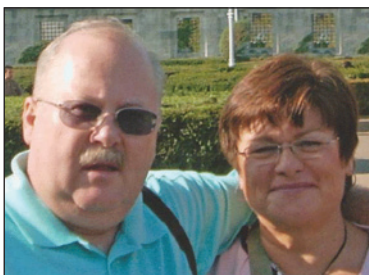
Results from the Café revealed that youth who experiment with or use drugs regularly believe most of their peers are also regularly using, while youth who do not use or experiment with drugs have little idea of the scope of use among fellow students.

Students also discussed the prevalence of drug use in the media, and many charged adults in the community with poor role modeling. Some knew of adults "partying with kids" and providing alcohol, marijuana, ecstasy and cocaine. As one youth put it: "The message out there is that using drugs is no big deal."

Participants identified many risk factors to drug and alcohol misuse and realized that even kids from good families can develop a substance use problem. Wendy hopes that this kind of critical thinking and insight will empower youth to make healthy choices about drugs and help them identify their own risk factors. "When people want youth to change, they often try to force it on them," says Wendy. "I hope this Café gave students the opportunity to reflect on their actions and use their own strengths to better themselves."

Noreen and Andy Leitch

With a little over five years of caregiving for JHSNI's Headstart Program under their belts, Noreen and Andy Leitch have learned a lot since taking in their first youth.



"We had a very difficult first placement," says Noreen. "We were ignorant about a lot of things. I brought up my own two kids, of course, but having an unrelated youth in your house is very different!"

Noreen and Andy stuck with it, however, and have since learned how to deal effectively with many of the challenges of caregiving. At the root of many issues, says Noreen, is communication. She has learned to go straight to the point when talking to youth.

"I find that the youth deal better with what you are telling them if it isn't sugar-coated. You really need to be clear so they fully understand where you are coming from."

Despite its challenges, Noreen and Andy find a lot of satisfaction in caregiving and have forged positive relationships with many youth over the years.

"There is nothing better than talking to a youth after they have been out for a while and are doing well," says Noreen. "That's a tremendous reward."

Noreen has learned a lot from caregiving over the years – to be patient, to see things from another's point of view, and, most importantly, not to take it to heart when things go wrong.

"At first I thought I was failing if everything didn't go exactly as I planned," she says.

Andy and Noreen try to impart the value of formal education to the youth they care for, but they recognize that life skills are just as important.

"I try and teach them to cook a little," says Noreen. "Sometimes they burn a thing or two, but that's part of learning how to do it."

In the end, what Andy and Noreen aim for when they take on a new youth is very simple: "What we want is for the youth to leave us a little ahead from where they were when they came. We just want them to have a positive experience."

Sadie and Bill Ostler

Sadie Ostler has a big heart for youth living in care. In her position as a Family Support Worker for Laichwiltach Family Life Society, Sadie spent much of her time working with



aboriginal children and youth living in foster homes. Of First Nations descent herself, she wanted to make a bigger difference in the lives of those she was helping. In October 2009, Sadie and her husband Bill decided to become caregivers for JHSNI's Full Time Attendance Programs.

Sadie and Bill have enjoyed building relationships with the youth they care for and learning about their varied backgrounds. Sadie has learned more from caregiving than she expected – including patience, tolerance, empathy, and understanding. "These are all qualities that I had before," she says. "But there is always room to grow."

Although she finds her work fulfilling, it is not without its challenges. "For youth who haven't grown up with them, structure and rules can be very difficult," says Sadie. Other events, like a youth going AWOL, can be nerve-wracking for the family. Sadie is grateful for the on-call support that JHSNI provides for caregivers. "It's nice to know someone is there for you when you need it," she says.

Sadie is currently completing a degree in Psychology from Thompson Rivers University. In the future she hopes to work with aboriginal youth in local schools in an outreach position and believes that caregiving is giving her valuable experience. She would like to see other young, active families in Campbell River become JHSNI caregivers.

"Care homes are such a valuable resource in our community, but a lot of people have misconceptions about the youth involved with JHSNI. My hope is that more families will open their homes to youth."

Family caregivers are paid contractors who work for the Society from home. They receive ongoing training and 24-hour support from JHSNI staff. If you are interested in becoming a family caregiver, please contact Thanh at 250-286-0222 ext. 224.

The Society appreciates the hard work of our family caregivers. Thank you for sharing your homes!

Community Donations and Fundraising

Community Donations and Fundraising

As a result of the economic downturn, JHSNI's Fundraising Planning Committee decided against hosting another gala in 2009, choosing instead to hold a raffle in which many could participate at little expense. The Committee worked hard to gather three great prize donations for the raffle while staff, volunteers and board members sold tickets in the community. Thanks to their efforts, JHSNI's first "Dollars for Youth" Raffle was a tremendous success, raising **\$6,990** for the Youth Enhancement Fund and the KidStart Mentoring Program. Thanks to Pacific Coastal Airlines, Willie Mitchell, Canucks Sports and Entertainment, Carmana Plaza Hotel, an anonymous employee and Campbell River Whale Watching for donating such fantastic prizes.



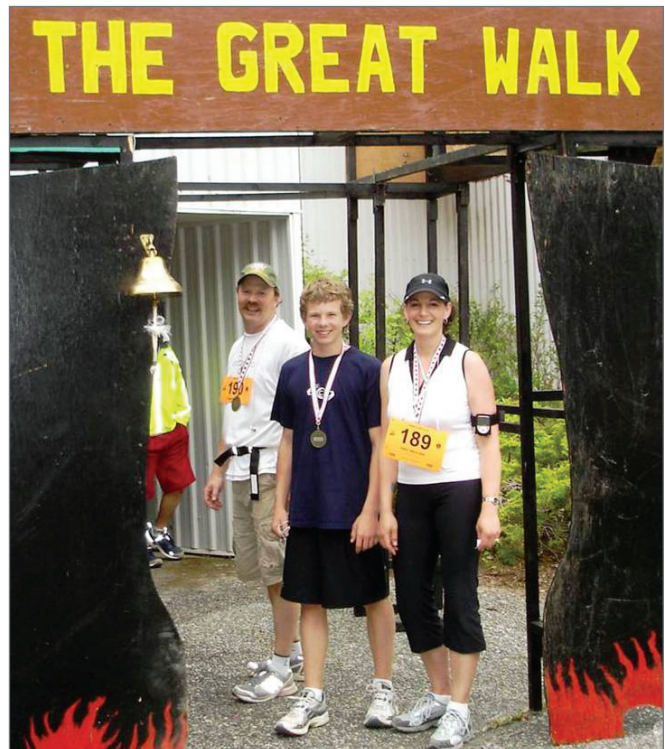
Board Member Terry Moist and Assistant Executive Director Carol Harling-Bleeks draw the winning "Dollars for Youth" Raffle ticket.

Yoga Solace and On the Rocks Climbing Gym helped raise money to support youth wellness activities by providing the opportunity for regular patrons to make a donation to cover climbing fees or yoga classes for youth. Geri Laurence also held a Friends of Youth Wellness fundraiser drop-in yoga class that raised **\$432** for youth in JHSNI's programs. The Asana Room in Cumberland donated 20 yoga classes to youth in the 180 Degrees Program. Grieg Seafood donated **\$200** to go towards youth recreational activities.

The Employee Giving Program, that allows employees to donate via a small payroll deduction, raised **\$730** from 6 staff members and a December mail campaign raised **\$735** in individual donations from JHSNI supporters. Money raised from both of these initiatives went towards KidStart and the Youth Enhancement Fund.

JHSNI's KidStart mentoring program has been the focus of much fundraising and the recipient of many community donations this year. KidStart Coordinators Wendy Thurlborn and Tara Jordan organized pizza fundraising nights through two local restaurants. The Little Caesar's Pizza "Doughnation" fundraiser raised **\$272** for KidStart, while Domino's Pizza raised **\$133** through their "Raise Some Dough" event.

Campbell River graphic designer Michelle Gjerde raised **\$1062** for KidStart while taking part in the 63.5 km Tahsis Lions Club Great Walk in June. Altrusa International of Campbell River donated **\$500** and the Fraternal Order of Eagles Ladies Auxiliary #3097 donated **\$250** to the program this year. McDonald's Restaurant and Quench Bistro and Juice Bar both provided meal coupons for KidStart mentors to use with their buddies.



Local graphic designer Michelle Gjerde successfully completed the 63.5 km Tahsis Lions Club Great Walk, raising over \$1,000 for KidStart.

A donation from the Fraternal Order of Eagles Ladies Auxiliary #3097 and a discount from Home Depot helped JHSNI purchase a utility trailer for the Youth for Seniors Program. Youth for Seniors also received numerous individual donations from local supporters.

Matt Cook and Embrace Entertainment donated **100** tickets to youth to attend a concert at Saratoga Speedway featuring the popular Kansas City rapper,

Tech N9ne. JumpCamp, Vancouver Island's Premier Snowboarding Camp, donated two snowboards for youth in JHSNI's programs in time for Christmas. The Campbell River Kinsmen Club donated **\$700** towards gifts and a Christmas party for youth and caregivers in the Full Time Attendance Programs. The Chernoff Family Foundation donated **200** copies of The Teensmag to JHSNI programs.



JHSNI Courtenay Manager Vicki Miller accepts a donation of two snowboards from JumpCamp's Joe Conley and Patrick Kitto.

Thrifty Foods continues to provide monthly food vouchers for the Youth Community Kitchen in Campbell River. Many local businesses provided discounts, passes and prizes for JHSNI programs and events, including Real Canadian Superstore, London Drugs, Work World, Panago, McDonald's Restaurant, WalMart, Booster Juice, Zen Zero, White Spot, Tim Hortons, Courtenay Recreation Association, Rialto Theatre, Rogers Video, Cumberland Recreational Institute, and Stormin Ink Screenprinting.

Summer Quest 2009 received numerous donations of services or discounts from a number of local businesses, including Payless Shoes, Quadra Island Kayaks, Hoopnosis, Urban Dance Connection, Zellers, Superstore, Haig-Brown House, Fitness etc., SP Photo, Just Because Nails, and Eden Street Salon & Day Spa.

The City of Campbell River continues to provide a Permissive Exemption from Taxation for Barnett House until 2016.

Thank you to the many individuals and businesses who made donations of household items, cash, and discounts to support programs at JHSNI. We couldn't have done it without you!

Grants

In addition to receiving many community donations, JHSNI's KidStart Mentoring Program has been well supported by grants. Within two weeks of submitting an application to the RBC Foundation, JHSNI received the good news that the foundation will donate \$7,500 to support KidStart in the Comox Valley and Campbell River.

Through a recommendation from the Coastal Community Credit Union's Campbell River Community Connection Council, the credit union recently granted \$2,000 to KidStart from its Coastal Spirit Fund.

BC Gaming Policy and Enforcement Branch approved a Direct Access Grant for KidStart in the amount of \$12,000 and awarded JHSNI a \$20,000 Bingo Affiliation Grant. Both grants will be used to support the KidStart Mentoring Program as well as therapeutic and skill development activities for vulnerable youth. We would like to thank the patrons of Chances Campbell River for their support.

2010 Legacies Now provided a \$2,400 Local Sport Development Fund Grant to support three 8-week indoor climbing groups for youth at On the Rocks Climbing Gym in the fall of 2009. Youth enjoyed the opportunity to participate in a healthy activity that promotes fitness, wellness, self-confidence, and a sense of connection to the community.

Service Canada once again approved JHSNI for a Canada Summer Jobs Grant. This funding will support a summer student to coordinate our Youth for Seniors Project in Campbell River. The student will work 30 hours a week supervising youth as they provide free "odd job" services to low-income seniors. A donation from Campbell River Daybreak Rotary will continue to pay for youth wages for this program.



Lori McKeown accepts a cheque for \$2,000 from Shauna Helson, Coastal Community Credit Union Branch Manager, and Mary Ashley, Coastal Community Board Member.

Connections

Community Connections

JHSNI works cooperatively with numerous agencies and organizations to assist clients and promote community development. They include:

- Ministry of Children and Family Development (Probation and Social Workers, Child Protection, Resource Team, Youth Mental Health Team, and Youth Forensic Psychiatric Services)
- Vancouver Island Health Authority
- Transition Societies
- Chamber of Commerce
- Crossroads Crisis Centre
- Campbell River Family Services
- North Island Employment Foundations Society
- Opportunities Career Services Society
- RCMP
- Service Clubs
- St. Joseph's Hospital (Adolescent Day Therapy, Substance Abuse Intervention Nurses, Crisis Nurses)
- Campbell River Hospital
- Comox Valley Family Services
- Women's Resource Centres
- School Districts #71, #72, and #85
- North Island College-Human Service Worker and Nursing Programs
- Community Justice Centre of Comox Valley
- Crown Counsel Office
- Adult Corrections
- First Nations Bands
- Laichwiltach Family Life Society
- Wachiy Friendship Centre
- Campbell River Association for Community Living
- Municipalities of Campbell River, Comox, Courtenay, Cumberland, and Sayward
- Strathcona Park Lodge
- Family Resource Services
- Campbell River Assessment and Resource Service Society
- Salvation Army
- Courtenay Recreation Association and The LINC
- Comox Valley Military Support
- Comox Valley Boys and Girls Club
- Comox Valley Child Development Centre
- Island JADE Society
- Campbell River Volunteer Society
- Campbell River and Area Multicultural and Immigrant Services Association
- Safe Harbour Program, Comox Valley
- Volunteer Comox Valley
- Dawn to Dawn Action on Homelessness Committee, Courtenay

Committee Involvement

Society managers and staff are involved in numerous committees and community initiatives, helping to design and support resources that will enhance services and create better places to live. They include:

- AHERO, Comox Valley
- AIDS Vancouver Island
- Regional Youth and Family Addictions meetings
- Campbell River Relationship and Sexual Violence Response Committee
- Frontline Youth Workers, Comox Valley
- Comox Valley FAS in Action Committee
- Campbell River Circle Meetings
- Comox Valley Family Court and Youth Justice Committee
- Community Alcohol and Drug Action Committee
- Vancouver Island Community Services Co-op
- Joint Foster Parent Education Committee
- Behavioural Consultant to Caregivers Advisory Committee
- Campbell River Sexual Exploitation Action Team
- Upper Island Area Managers (Alcohol & Drug) Meeting
- Campbell River and Area Critical Incident Stress Management Society
- Agencies for Suicide Awareness and Prevention
- Comox Valley Community Non-Profit Administrators Network
- Community Drug Strategy Committee, Comox Valley
- CARI's Childcare
- Youth Justice Advisory Committee
- Youth Forensic Psychiatric Services to Aboriginal Youth, Families, and Communities Committee
- Courtenay Community Against Sexual Exploitation of Youth
- Public Safety Community Strategy
- Campbell River Education and Practice Enhancement Working Group
- Campbell River Aboriginal Visioning Meetings
- CAVE
- Active Campbell River
- Regional Family Group Conferencing
- Alternatives to School Suspension with School District #71
- Campbell River Foster Parent Alliance
- MCFD and Foster Parent Partnership Committee
- Campbell River Threat Assessment Team
- Campbell River Street Reach
- Association of Substance Abuse BC

Our Staff Resource

The Society's greatest resource is a talented team of professionals who focus on client service. This past year the active staff and contractor list included:

Kristy Almond	Robin Havelaar	Lisa Nightingale
Sarah Badgero	Kirsten Hess	Clifton Pinder
Paul Barnett	Sarah Jarvinen	Angie Prescott
Suzanne Bennett	Annica Johansson	Michael Quaress
Vanessa Bramhill	Tracy Johansson	Tina Rader
Laura Chappell	Tara Jordan	Don Ramer
G�rard Choquette	Lorraine Kemper	Lorraine Redpath
Valerie Colquhoun	Peter Kinskofer	Wendy Richardson
Deb Cowper	Rosita Kitto	Karen Robertson
Heather Cowper	Audrey Krentz	Alana Robinson
Moss Dance	Guy Larkin	Colleen Ross
Ryan Derry	John Leevers	Louise Scott
Melanie Devine	Tania Leger	Mel Stangeland
Jenn Errico	Lane Litke	Uwe Steinmann
Joanna Foster	Kathy McCabe	Krystal Stevens
Jen Furst	Lori McKeown	Tanya Storr
Sharon Geoghegan	Nicole McKeown	Mark Tazumi
Debbie Grant	Alisha McLain	Thanh Tazumi
Angela Granzberg	Sandy McPherson	Gillian Thibedeau
Gordon Gross	Natalie Meredith	Wendy Thurlborn
Maureen Hamilton	Sheryl Miller	Hazel Trego
Kerry Hammell	Vicki Miller	Patty Waters
Carol Harling-Bleeks	Wendy Morin	Godfrey Wearne
Gary Hartford	Russell Mowatt	Paul Weisgerber
Leila Hartford	Stacy Neary	Richard Williams
Enid Havelaar	Jetty Niet	

JHSNI also acknowledges the dedication of our caregiver families, who provide a comfortable and supportive living environment for youth in our programs. We would also like to thank all the volunteers who generously give their time to JHSNI.

Practicums

JHSNI's Full Time Attendance Programs (FTAP) hosted nine practicum students from April 2009 – March 2010. Three students were placed with the Oasis program – one from Vancouver Island University's Social Services Diploma program, and two from North Island College's Human Service Worker program. Headstart had three students complete their practicum placements from North Island College's Human Service Worker program, and one student from Fawnshaw College's Social Services Diploma program. One additional student from the Human Service Worker program at North

Island College and another from Opportunities Career Services Society completed practicum placements at FTAP. FTAP also regularly hosts second and third-year nursing students from North Island College. These students observe the programs for one or two days and run small projects with the youth. Courtenay Alcohol & Drug Indicated Prevention and Early Intervention Program hosted three practicum students from North Island College's Human Service Worker program. JHSNI greatly appreciates the contribution practicum students make to our services.

MOELLER & COMPANY

CHARTERED ACCOUNTANTS

Kent A. Moeller, B.A., G.D.P.A., C.A.*
* Incorporated Professional

590 Eleventh Avenue
Campbell River, B.C. V9W 4G4
Telephone • 250 • 286-0631
Fax • 250 • 286-3845
Toll Free 1-800-663-4044
E-mail • kmoeller@oberon.ark.com

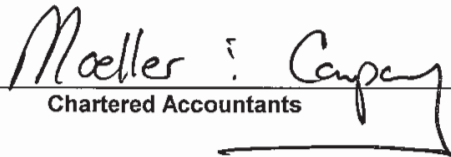
AUDITOR'S REPORT

To The Directors
The John Howard Society of North Island

We have audited the statement of financial position of The John Howard Society of North Island as at March 31, 2010 and the statements of operations, changes in net assets and cash flows for the year then ended. These financial statements are the responsibility of the Society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance that the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion, these financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2010 and the results of its operations and cash flows for the year then ended in accordance with Canadian generally accepted accounting principles. As required by the Society Act (British Columbia), we report that, in our opinion, these principles have been applied on a basis consistent with that of the preceding year.


Chartered Accountants

Campbell River, B.C.
May 17, 2010

Statement of Operations

Year Ended March 31, 2010

	2010 \$	2009 \$
Expenditure		
Wages And Benefits		
Wages	2,268,247	2,329,550
Benefits	565,347	578,510
Client Support Costs		
Client activities	56,133	37,163
Family payments	474,993	512,430
Supplies and program materials	260,026	65,800
Program Support		
Contract fees	202,823	279,145
Telephone	68,947	68,533
Training and development	35,460	15,799
Travel and accommodation	96,239	126,340
Unrecoverable Goods and Services Tax	16,556	21,002
Program Administrative Support		
Advertising	1,920	5,925
Community relations	3,293	3,499
Insurance	19,956	19,839
Interest and bank charges	3,630	3,031
Office supplies	41,887	40,775
Professional fees	38,448	11,821
Facility Expense		
Amortization	50,745	42,106
Maintenance and repairs	31,214	29,068
Rent	183,616	193,989
Utilities	21,823	17,577
	4,441,303	4,401,902
Funding		
Ministry of Children and Family Development	2,927,772	3,085,823
Vancouver Island Health Authority	666,405	912,564
School Districts	144,783	260,836
Rent	30,470	20,450
BC Housing	—	99,000
Ministry of Health	62,022	76,103
Miscellaneous	30,695	40,597
Real Estate Foundation	—	40,000
City of Campbell River	3000	39,936
Donations and fundraising	63,023	38,231
Gaming proceeds	46,640	35,250
Service Canada	—	4,531
Ministry of Human Resources	2,569	—
	3,977,469	4,653,321
Excess (Deficiency) of Revenue Over Expenditure	(463,834)	251,419

Statement of Financial Position

March 31, 2010

	2010 \$	2009 \$
Assets		
Current Assets		
Cash	881,044	1,118,798
Cash – restricted	189,337	163,843
Accounts receivable	40,497	38,404
Prepaid expenses	36,793	26,014
	1,147,711	1,347,059
Investments	2,900	137,462
Property and Equipment	650,139	645,463
	1,800,750	2,129,984
Liabilities		
Current Liabilities		
Accounts payable	173,122	53,670
Wages and benefits payable	211,732	197,672
Deferred revenue	55,532	54,444
	440,386	305,786
Net Assets		
Equity in Property and Equipment	650,139	645,463
Externally Restricted	134,432	135,808
Internally Restricted	24,986	28,036
Unrestricted	550,807	1,014,891
	1,360,364	1,824,198
	1,800,750	2,129,984

Statement of Changes in Net Assets

Year Ended March 31, 2010

	2010				2009	
	Invested In Property And Equipment	Externally Restricted	Internally Restricted	Unrestricted	Total	Total
	\$	\$	\$	\$	\$	\$
Balance - Beginning Of Year	645,463	135,808	28,036	1,014,891	1,824,198	1,773,186
Excess (Deficiency) Of Revenue Over Expenditure	(50,745)	(1,376)	(3,050)	(408,663)	(463,834)	251,419
Purchase Of Property And Equipment	55,421	—	—	(55,421)	—	—
Proceeds On Transfer Of Computer Software	—	—	—	—	—	—
Gain (Loss) On Disposal Of Property And Equipment	—	—	—	—	—	(200,407)
Balance - End Of Year	650,139	134,432	28,036	550,807	1,360,364	1,824,198

How You Can Help

The John Howard Society of North Island encourages and welcomes donations to support our work in helping to create safer, healthier communities. Donations may be given for general use or targeted to specific programs or services.

The Society has a Youth Enhancement Fund to provide for special expenses for youth that are not covered by other funding, including emergency groceries and transportation, dental treatments, job readiness expenses, household items for youth living independently, and healthy activities.

After receiving your contribution we will promptly issue a charitable donation receipt.

The Society also greatly appreciates those who have been thoughtful with bequests. If you would like to leave a bequest please contact us for more information, or see your lawyer.

Donors may send contributions to:

**Executive Director
The John Howard Society of North Island
#201 – 140A 10th Avenue
Campbell River, BC V9W 4E3**

You may also donate through our website:

www.jhsni.bc.ca. Look for the 'Donate Now' button. Your donation will be processed by Canada Helps, a safe and convenient online donation service for charities.



#201-140A 10th Ave., Campbell River, B.C. V9W 4E3
Telephone: 250.286.0611 • Facsimile: 250.286.3650
E-mail: mail@jhsni.bc.ca • Website: www.jhsni.bc.ca



Printed on recycled paper