



## Testimonials

### Comments from Clients:

*“Our weekly visits give me something to look forward to. You are a great worker and a wonderful person.”*

*“I am happy with the support and enjoy the focus on swimming and other physical activities.”*



## Feedback

- We value your comments! Please tell your worker what you find helpful about Community Living Outreach and if there are any changes you think we should make.
- Your participation is completely voluntary and your responses will be kept anonymous and confidential.

## Our Mission

The John Howard Society of North Island is a charitable organization whose mission is to provide programs and support to help children, young people, and families lead safer and healthier lives.

### Campbell River

140 10th Avenue  
Campbell River, BC

Tel. 250-286-0611  
Fax 250-338-6568

### Comox Valley

1455 Cliffe Avenue  
Courtenay, BC

Tel. 250-338-7341  
Fax 250-338-6568

[www.jhsni.bc.ca](http://www.jhsni.bc.ca)

The John Howard Society of North Island’s programs are situated in the traditional territories of the Kwakwaka’wakw, Nuu-chah-nulth, and Coast Salish peoples.

**JohnHoward**  
The John Howard Society of North Island

# JohnHoward

## Community Living Outreach



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## Community Support means

Help with:

- **Emotional Well-being:** Feeling safe in your home and community. Feeling good about yourself and the people in your life.
- **Relationships:** Having meaningful relationships with family and friends.
- **Material Wellbeing:** Having enough money to do the things that are important to you.
- **Personal Growth:** Learning about things that are interesting to you. Practising new skills. Getting better at managing emotions.
- **Physical Well-Being:** Feeling healthy and active. Getting healthcare when you need it.
- **Self-Determination:** Making decisions about things that matter to you.
- **Social Inclusion:** Getting out and doing things that are fun or important to you.

*Community Living Outreach services are funded by Community Living BC. There is no cost to clients.*

## Is the program for me?

Please contact Community Living British Columbia (CLBC) to see if you are eligible for the program. They need you to have a diagnosis of a developmental disability, for example FASD or autism spectrum disorder.



## Can I choose the person I will work with?

Sorry, we only have one or two workers in the program.

## Will my worker pick me up for appointments?

Yes. They will also help you look at ways to get places on your own.

## What happens if I want to cancel a meeting?

Just let us know. The worker may be able to find another time to meet with you that week, or may be able to carry over *some* of the time to another week.



## Our Philosophy

We work from a client-centered, strengths-based, and relationship-building approach to assist adults to be self-sufficient and live independently. We want to encourage clients to make healthy lifestyle choices through short and long-term support, advocacy, crisis intervention, life coaching, and referral to other community agencies.



## Program Outcomes

In 2018-2019:

- 10 adults received Community Living Outreach support.
- 94% of clients said they had increased life skills and were involved in more pro-social activities as a result of being in the program.