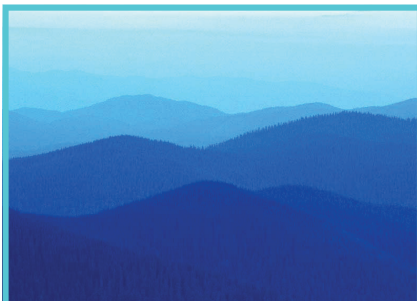


## **Youth/Parent Mediation Program Aims . . .**

- To assist parents and youth to improve communication.
- To create win/win situations for all the family.
- To assist families to strengthen and preserve the family unit.



## **Confidential, Voluntary and Free Service**

We offer respectful, non-judgmental, strength-based, and confidential services.

*The Youth/Parent Mediation Program is funded by the Ministry of Children and Family Development.*

## **The Mediator Can Help Families . . .**

- Use their strengths to reduce conflict within the family.
- Develop respectful plans to minimize future conflict.

## **The Mediator Provides . . .**

- Information
- Counselling
- Mediation
- Referrals to other community-based resources

## **Parenting Group**

- Twice a year we offer a 6-week education and support group to parents.
- Call 286-0611 to reserve a spot and purchase a copy of "Positive Discipline" by Jane Nelsen and Lynn Lott.

## **The Mediator Can Assist Youth.. .**

- To improve communication skills.
- To build positive coping skills.
- To develop different ways of solving problems.
- To handle difficult situations.

## **The Mediator Can Assist Parents...**

- To better understand adolescent development.
- To demonstrate and practice more effective communication skills both verbal and non verbal.
- To "pick and choose your battles" and hopefully bring more peace and harmony to the family home.
- With referrals to other services.

## Youth/Parent Mediation Program



Are you a teen or parent of a teen? Are you experiencing conflict at home and not sure what to do?



Explore all your options. Call a Youth/Parent Mediator at The John Howard Society of North Island:

**250-286-0611**

## Mission Statement

The John Howard Society of North Island is a charitable organization whose mission is to promote and foster safer and healthier communities by providing appropriate programs of rehabilitation, education, prevention and healing for those who need an opportunity to achieve, maintain or regain a balance within their communities.

201-140A 10th Ave.  
Campbell River, BC, V9W 4E3  
Tel: 250-286-0611  
Fax: 250-286-3650  
E-mail: [mail@jhsni.bc.ca](mailto:mail@jhsni.bc.ca)

**[www.jhsni.bc.ca](http://www.jhsni.bc.ca)**



## Youth / Parent Mediation Program

**Building Safer and Healthier  
Communities**

**Tel: 250-286-0611**  
**[www.jhsni.bc.ca](http://www.jhsni.bc.ca)**